

TEXAS STATE VITA

I. Academic/Professional Background

A. Name: Ron Williams, Jr. Title: Vice Provost for Faculty Success and Professor

B. Educational Background

Degree	Year	University	Major	Thesis/Dissertation
Ph.D.	2006	University of Alabama	Public Health Education & Promotion	Application of the Social Ecology Model on Alcohol Use among College Athletes
M.Ed.	2003	Northwestern State University	Health Promotion	
B.S.	2001	Northwestern State University	Physical Education: Health & Exercise Science	

C. University Experience

Position	University	Dates
Vice Provost for Faculty Success	Texas State University	2025-present
Professor	Texas State University	2020-present
Department Chair, Health & Human Performance	Texas State University	2022-2025
Graduate Coordinator, Public Health	Texas State University	2018-2025
Associate Professor	Texas State University	2015-2020
Assistant Professor	Texas State University	2013-2015
Assistant Professor	Mississippi State University	2010-2013
Assistant Professor	Southeast Missouri State University	2006-2010
Graduate Assistant	University of Alabama	2003-2006

D. Relevant Professional Experience

Position	University	Dates
Assistant Director	Southeast Regional Support Center (renamed Southeast Prevention Resource Center)	2008-2010
Health and Wellness Specialist	Christus Coughatta Health Care Center	2001-2003

E. Other Professional Credentials (licensure, certification, etc.)

Certified in Public Health (2023 – Present), National Board of Public Health Examiners
Certified Health Education Specialist (2006 – Present), National Commission for Health Education Credentialing, Inc.

II. TEACHING

A. Teaching Honors and Awards:

2021 Presidential Distinction Award for Teaching, Texas State University, College of Education

2015 Student Veteran Appreciation Recognition, Texas State University, Veterans Affairs

2012-2013 Excellence in Graduate Teaching Award, Mississippi State University, College of Agriculture and Life Sciences

B. Courses Taught:

Texas State University

PH 1320	Introduction to Public Health
PH 2340	Community Health
PH 3376	Worksite Health Promotion
PH 4336	Health Behavior Theory
PH 4640	Public Health Program Planning and Evaluation
PH 5305	Grant Proposal Writing in Public Health
PH 5310	History and Philosophy in Public Health Education and Promotion
PH 5346	Public Health Research and Population Surveillance
PH 5347	Independent Study in Public Health
PH 5350	Advanced Public Health Program Planning and Evaluation
PH 5370	Applied Epidemiology
PH 5399	Thesis (A/B)

Mississippi State University

FNH 1103	Intro to Food Science, Nutrition, Health Promotion (co-taught, 33%)
FNH 3163	Basic Principles of Health Promotion
FNH 4/6783	School and Community Drug Prevention
FNH 8523	Health Promotion Techniques
FNH 8563	Principles of Epidemiology & Health Science Research
FNH 8613	Design/Administration Health Promotion Programs
FNH 8653	Implement/Evaluation Health Promotion Programs

Southeast Missouri State University

HL 120	Health Perspectives
HL 261	Health Management Practicum
HL 303	Research Methods in Health
HL 490	Health Promotion Planning and Evaluation
HL 526	Health Behavior Change
RC 303	Research Methods in Recreation
UI 300	Drugs and Behavior
UI 354	Lifestyle Enhancement

University of Alabama

HHE 270	Personal Health
HHE 378	Drug Awareness Education

C. Graduate Theses/Dissertations or Exit Committees (if supervisor, please indicate):

Mississippi State University

Dissertation Committees

Christine Rogers – PhD in Food Science, Nutrition, & Health Promotion. *Vitamin D Deficiency and Supplement Use in Pregnancy Outcomes: A Systematic Review and Meta-Analysis.*

Successfully defended Spring 2018. Role: Committee Member.

Matthew McAllister – PhD in Food Science, Nutrition, & Health Promotion. *Working Title: Non-Carbohydrate Supplementation to Attenuate the Exacerbated Cortisol Response of Dual Stress Exercise among Fire Fighters.* Successfully defended Summer 2015. Role: Committee Member.

Justin Treloar – PhD in Food Science, Nutrition, & Health Promotion. *Working Title: University Service Offerings and the Effect on College Student Health and Nutrition Behaviors.*

Successfully defended Summer 2015. Role: Committee Member.

Katherine Garth – PhD in Education: Curriculum & Instruction. *Working Title: Stress Management and Coping Skills in the Classroom of Elementary School Exemplary Teachers.*

Successfully defended Spring 2015. Role: Committee Member.

Timothy Murphy – PhD in Food Science, Nutrition, & Health Promotion. *Physical Activity and Fruit and Vegetable Consumption among College Smokers, Social Smokers, and Nonsmokers.*

Successfully defended Summer 2012. Role: Committee Member.

Jenelle Robinson – PhD in Food Science, Nutrition, & Health Promotion. *Examining Spiritual Health Beliefs and Dietary Behaviors among African American Church Members.*

Successfully defended Spring 2012. Role: Committee Member.

Thesis Committees

Taylor Levy – M.S. in Public Health Education and Promotion. *Association between COVID-19 Stress, Food Insecurity, and Fruit and Vegetable Consumption among University Students.*

Successfully defended Spring 2021. Role: Chair.

- Awarded Graduate College Thesis Research Support Fellowship for \$450

Kathleen Bates – M.S. in Public Health Education and Promotion. *Experiences of Intimate Partner Violence among LGBTQ+ Individuals and the Perceptions of Professional Services.*

Successfully defended Fall 2019. Role: Co-Chair.

- Awarded Graduate College Thesis Research Support Fellowship for \$1,250

Jaehyun Kim – M.S. in Therapeutic Recreation. *The Association of Social Support and Leisure Time Physical Activity with Mental Health among Individuals with Cancer.*

Successfully defended Summer 2019. Role: Member.

Ashley Khanhkham – M.Ed. in Health Education. *Associations Between Dating Violence Victimization, Risky Behaviors, and School Violence Among Teens.*

Successfully defended Spring 2019. Role: Chair.

Hanna Traphagan – MEd in Health Education. *Motivations and Training of Third-Party Providers of Sexuality Education.* Successfully defended Spring 2018. Role: Chair.

- Awarded College of Education Faculty-Mentored Graduate Student Research Grant for \$496.04
- Awarded Graduate College Thesis Research Support Fellowship for \$981.32

Shiloh Quintana – MS in Food Science, Nutrition, & Health Promotion: Nutrition concentration. *Implementing the Mediterranean Diet in a Rural In-Patient Health Clinic*. Successfully defended Spring 2015. Role: Committee Member.

Lindsay Doxtater – MS in Food Science, Nutrition, & Health Promotion: Nutrition concentration. *Impact of Insurance Reimbursement Policy on Readmission of Patients with Congestive Heart Failure*. Successfully defended Fall 2013. Role: Committee Member.

Jeremy Loenneke – MS in Nutrition and Exercise Science. *Practical Occlusion as a Mode to Increase Low-Load Exercise Intensity*. Successfully defended Summer 2010. Role: Committee Member.

Monica Kearney – MS in Nutrition and Exercise Science. *Comparison of Forearm Bone Density among Collegiate Gymnasts, Distance Runners, and Non-Athletes*. Successfully defended Summer 2009. Role: Committee Member.

Culminating Project/Independent Study Committees – Texas State University

Christy Gonzalez, Austin Tsao. *2025 YRBS Project for San Marcos High School*. To be completed Fall 2025. Role: Chair.

James Chesnut. *Organizational Development of Local Church Organizations as Public Health Institutions*. Successfully completed Spring 2025. Role: Chair.

Genevieve Kitts, Kate Esqueda, Abby Watters. *San Marcos CISD Youth Risk Behavior Project 2023*. Successfully completed Spring 2024. Role: Chair.

Bryanna Tidwell. *Behavioral Correlates of High-Risk and Distracted Driving*. Successfully completed Summer 2023. Role: Chair.

Mallory Bove. *Health Disparities in Breastfeeding*. Successfully completed Spring 2022. Role: Committee Member.

Hayden Matz – M.S. in Public Health Education and Promotion. *Association between Substance Abuse and Violence among Adolescents*. Successfully completed Spring 2022. Role: Chair.

Amber Crady – M.S. in Public Health Education and Promotion. *San Marcos CISD Assessment: Youth Risk Behavior Survey*. Successfully completed Fall 2021. Role: Chair.

Analise Gutierrez – M.S. in Public Health Education and Promotion. *Sexual Violence Victimization and Related Health Risks among U.S. High School Students*. Successfully completed Summer 2021. Role: Chair.

Kelsey Banton – M.S. in Public Health Education and Promotion. *Bystander Interventions and Behavior among College Students*. Successfully completed Spring 2021. Role: Chair.

Veronika Teiler - M.S. in Public Health Education and Promotion. *Developing an App for Mental Health Services at Texas State University*. Successfully completed Spring 2021. Role: Chair.

Taylor Levy – M.S. in Public Health Education and Promotion. *Grant Funding for COVID-19 and Nutrition Research*. Successfully completed Spring 2021. Role: Chair.

Turki Altharman – M.S. in Public Health Education and Promotion. *Correlation between Substance Use and Sexual Victimization among U.S. Adolescents*. Successfully completed Fall 2020. Role: Chair.

Colleen Cook – M.S. in Public Health Education and Promotion. *2020 Hays CISD Youth Risk Behavior Surveillance*. Successfully completed Spring 2020. Role: Chair.

Taylor Levy – M.S. in Public Health Education and Promotion. *2020 San Marcos CISD Youth Risk Behavior Surveillance*. Successfully completed Spring 2020. Role: Chair.

Chidera Ofoha – M.S. in Public Health Education and Promotion. *Texas Department of State Health Services Internship*. Successfully completed Spring 2020. Role: Committee Member.

Hadyatou Shipman – M.S. in Public Health Education and Promotion. *Maternal and Child Health in the Greater Atlanta Area*. Successfully completed Spring 2020. Role: Committee Member.

Karla Arias – M.S. in Public Health Education and Promotion. *Evaluation of Nutritional Service Offerings in Private School Setting*. Successfully completed Spring 2020. Role: Committee Member.

Zoe Wright – M.S. in Public Health Education and Promotion. *Women, Infant, and Children Project*. Successfully completed Spring 2020. Role: Committee Member.

Laura Trimble – M.S. in Public Health Education and Promotion. *Texas Department of State Health Services Project*. Successfully completed Spring 2020. Role: Committee Member.

Jahana Deadmon – M.S. in Public Health Education and Promotion. *It's Time Texas Health Promotion Initiative*. Successfully completed Spring 2020. Role: Committee Member.

Juan Jose Alvarez – M.S. in Public Health Education and Promotion. *City of Austin Public Health Internship Project*. Successfully completed Spring 2020. Role: Committee Member.

Shannon Alvis – M.S. in Public Health Education and Promotion. *Analysis of Central Texas Prescription Parks*. Successfully completed Fall 2019. Role: Chair.

Mohammed Majidah – M.S. in Public Health Education and Promotion. *Health Education Use among Emergency Service Professionals*. Successfully completed Fall 2019. Role: Committee Member.

Sara Vera – M.S. in Public Health Education and Promotion. *Boy Talk Girl Talk Sexuality Education Program – Hays CISD*. Successfully completed Fall 2019. Role: Committee Member.

Kathleen Bates – M.S. in Public Health Education and Promotion. *Grant Submission: LGBTQ Victimization Project*. Successfully completed Summer 2019. Role: Chair.

Angelica Navarro – M.Ed. in Health Education. *Sexual Behavior Content Analysis in Popular Teenage-Focused Netflix Films*. Successfully completed Summer 2019. Role: Chair.

Whitney Mack – M.Ed. in Health Education. *Process Evaluation of Texas Municipal League Health Benefits Pool's Worksite Health Promotion Program*. Successfully completed Summer 2019. Successfully completed Summer 2019. Role: Committee Member.

Rashana Raggs – M.Ed. in Health Education. *HIV Planning Council of Austin Public Health*. Successfully completed Summer 2019. Role: Committee Member.

Samantha Ortega – M.Ed. in Health Education. *Type, Frequency, and Intensity of Pre-College Sexual Health Education Impacts Current Knowledge among University Students*. Successfully completed Spring 2019. Role: Chair.

Skylar Love – M.Ed. in Health Education. *Communities in Schools of Central Texas – Umland Elementary Sexual Health Education Project*. Successfully completed Spring 2019. Role: Committee Member.

Arlet Polack – M.Ed. in Health Education. *English-to-Spanish Translation of Program Fidelity Tools for Health Coaching Professionals*. Successfully completed Spring 2019. Role: Committee Member.

Choyette Mahtab – M.Ed. in Health Education. *Creating Health Education Resources on Malnutrition in Older Adults*. Successfully completed Spring 2019. Role: Committee Member.

Victoria Ontiberos – M.Ed. in Health Education. *College Students Attitudes Towards Reproductive Healthcare*. Successfully completed Summer 2018. Role: Chair.

Megan Osborne – M.Ed. in Health Education. *2018 San Marcos CISD Youth Risk Behavior Surveillance*. Successfully completed Summer 2018. Role: Committee Member.

Deanna Dallal – M.Ed. in Health Education. *Intervention Development for Client with Cognitive Disabilities*. Successfully completed Summer 2018. Role: Committee Member.

Emily Hayes – M.Ed. in Health Education. *Williamson Cities and County Health District Community Engagement*. Successfully completed Summer 2018. Role: Committee Member.

Carly Rahal – M.Ed. in Health Education. *Updating Physical Activity Courses and Curriculum: PFW and ESS*. Successfully completed Spring 2018. Role: Committee Member.

Leigh Ann Jensen – M.Ed. in Health Education. *Parent-Child Communication About Sex*. Successfully completed Spring 2018. Role: Committee Member.

Lucy Kalunde – M.Ed. in Health Education. *Texas Teen Driving Safety*. Successfully completed Spring 2018. Role: Chair.

Leanne McAleer – M.Ed. in Health Education. *Children and Youth with Special Needs: Promoting Community Inclusion*. Successfully completed Spring 2018. Role: Committee Member.

Shelby Flores-Thorpe – M.Ed. in Health Education. *Impact of Knowledge, Attitudes, and Peer Influence on College Students' Usage of an On-Campus Student Health Center*. Successfully completed Spring 2018. Role: Committee Member.

- Published in peer-reviewed journal, *Health Education Monograph*, and awarded the 2018 Mohammad R. Torabi Student Paper of the Year

Directed Study/Applied Research Committees – Mississippi State University

Celeste Ehrenberg – MS in Food Science, Nutrition, & Health Promotion: Health Promotion concentration. *Applied Practice for Certified Health Education Specialists*. Successfully defended Spring 2013. Role: Major Professor.

Kristen Feaga – MS in Food Science, Nutrition, & Health Promotion: Health Promotion concentration. *Examination of WIC Impact on Childhood Obesity and Overall Health*. Successfully defended Spring 2013. Role: Major Professor.

Heather Richardson – MS in Food Science, Nutrition, & Health Promotion: Health Promotion concentration. *Evaluation of Health Education Grant Programs*. Successfully defended Spring 2013. Role: Committee Member.

Kelly Butler – MS in Food Science, Nutrition, & Health Promotion: Health Promotion concentration. *Obesity Prevention Strategies in Child Care Facilities*. Successfully defended Fall 2012. Role: Major Professor.

Catherine Fratesi – MS in Food Science, Nutrition, & Health Promotion: Health Promotion concentration. *Improving Community Food Access*. Successfully defended Fall 2012. Role: Major Professor.

Emily Chance – MS in Food Science, Nutrition, & Health Promotion: Health Promotion concentration. *Wellness Plus Incentive Study: Evaluation of Worksite Health Promotion*. Successfully defended Fall 2012. Role: Major Professor.

Brittany Dong – MS in Food Science, Nutrition, & Health Promotion: Health Promotion concentration. *Correlates of Adolescent Drug Use*. Successfully defended Summer 2012. Role: Major Professor.

Patrick Watson – MPA in Community Health and Wellness. *Facilitation of Youth Physical Activity Program through Parks and Recreation: Cape Road Runners*. Successfully defended Summer 2009. Role: Committee Chair.

D. Courses Prepared and Curriculum Development:

Curriculum Development at Texas State University

Oversaw development and proposal of new Ph.D. in Kinesiology: Oversaw faculty writing team (Dr. Lindsay Kipp, Dr. Matt McAllister, Dr. Anthony Deringer) in development of new hybrid doctoral program with concentrations in Exercise Science (on-campus) and Sport

Management (online). Submitted for approval in fall 2024. Texas Higher Education Coordinating Board review scheduled for summer/fall 2025.

Developed new M.P.H. degree with concentration in community health and behavior: Led efforts to develop and propose a new graduate degree in public health based on Council for Education in Public Health guidelines. Developed curriculum, course plan, and recruitment strategy. Launched fall 2024.

Developed new M.S. concentration in health equity: Led efforts to develop and propose a new graduate-level concentration in health equity as part of the M.S. in Public Health Education and Promotion program. Developed two new courses and collaborated with Department of Sociology and the Center for Diversity and Gender Studies to include SOCI, DVST, and WS courses as part of concentration. Launched in August 2022.

Developed the fully distance education M.S. in Public Health Education and Promotion: Led efforts to develop and propose the delivery of the M.S. in a 100% online format. This includes the development of each course in the online delivery format. Launched Fall 2020.

Development and proposal of the Ph.D. in Health and Rehabilitation Sciences: Assisted the collaborative team from the Department of Health & Human Performance (Dr. Karen Meaney & Dr. Duane Knudson) and the College of Health Professions (Dr. Barb Sanders & Dr. Matt Brooks) in the development of the new Ph.D. program. Initial phase approved but tabled by the university in fall 2019.

Revised Master's Degree – M.S. in Public Health Education and Promotion: Led efforts to revise the M.Ed. in Health Education to an M.S. in Public Health Education and Promotion. New program approved by the Texas Higher Education Coordinating Board in spring 2019 for a fall 2019 start. Proposal included changes to degree type, major name, minor name, curriculum, and course prefix. This also included the complete deletion of M.Ed. program and courses, as well as the development of 21 new courses for the M.S. program.

Revised Bachelor's Degree – B.S. in Public Health: Assisted Dr. Jeff Housman with efforts to revise the Bachelor's in Health and Wellness Promotion to a B.S. in Public Health. New program approved by the Texas Higher Education Coordinating Board in spring 2019 for a fall 2019 start. This included changes to degree type, major name, minor name, curriculum, course prefix, and all undergraduate courses for the program. Efforts to seek Council on Education for Public Health (CEPH) accreditation is to begin fall 2019.

Courses Developed at Texas State University

As part of the M.S. and M.P.H., I led the development of all graduate courses listed below:

- PH 5199/5299/5399A/5399B/5599/5999 Thesis
- PH 5301 Environmental Health Issues
- PH 5302 Current Issues in Public Health
- PH 5303 Social Determinants of Health
- PH 5305 Grant Proposal Writing in Public Health
- PH 5310 History and Philosophy of Public Health Education and Promotion
- PH 5312 Writing for Public Health Professionals
- PH 5315 Applied Behavioral Statistics in Public Health
- PH 5320 Foundations of Public Health
- PH 5321 Advanced Health Behavior Theory

PH 5325 Ethical Principles in Public Health
PH 5331 Health Disparities
PH 5335 Public Health Leadership
PH 5345 Public Health Issues in Human Sexuality
PH 5346 Public Health Research and Population Surveillance
PH 5347 Independent Study in Public Health
PH 5348 Disease Prevention and Health Promotion
PH 5350 Advanced Public Health Program Planning and Evaluation
PH 5360/5660 Internship in Public Health
PH 5370 Applied Epidemiology
PH 5374 Global Public Health
PH 5376 Health Promotion in the Workplace
PH 7321 Applied Theories of Health Behavior

As part of the B.S. in public health, I assisted in the development of all undergraduate courses listed below:

PH 1310 Foundations of Personal Health
PH 1320 Introduction to Public Health
PH 2338 Substance Use and Abuse
PH 2340 Community Health
PH 3301 Environmental Health
PH 3315 Statistics in Public Health
PH 3321 Health in the School Setting
PH 3330 Inclusion and Diversity in Women's Health
PH 3348 Prevention of Disease
PH 3350 Consumer Health
PH 3360 Issues in Human Sexuality
PH 3370 Epidemiology
PH 3374 Global Health
PH 3376 Worksite Health Promotion
PH 4100 Professional Development in Public Health
PH 4336 Health Behavior Theory
PH 4347 Independent Study in Public Health
PH 4640 Public Health Program Planning and Evaluation
PH 4660 Internship in Public Health

Courses Developed at Mississippi State University

FNH 8990 Special Topics: Applied Projects for Certified Health Education Specialists (Co-developer)
FNH 4783/6783 School and Community Drug Use Prevention

Courses Developed at Southeast Missouri State University

HL 151 Foundations of Prevention
HL 412/612 Substance Abuse in Public Health
HL 526 Health Behavior Change

Minor Curriculum Developed at Southeast Missouri State University

15 credit-hour minor in Substance Abuse Prevention (Approved Fall 2009)

G. Funded Internal Teaching Grants and Contracts:

Graduate Recruitment Assistance Grant. (2011). Funded by the Mississippi State University Office of the Graduate School for \$1,000. Role: PI.

I. Other:

Teaching Leadership Positions

Graduate Program Coordinator (Public Health) 2018-2025
Texas State University, Department of Health & Human Performance

Graduate Program Coordinator 2008-2010
Southeast Missouri State University, Department of Health, Human Performance, & Recreation

Teaching Enhancement Workshops & Training Sessions (Selected Examples)

Culture and Community: Adding More Connection to the Learning Space	May 2022
Dr. Gloria Martinez, Diversity and Gender Studies – FAC Seminar	April 2022
Grad Advising 101: Funding Landscape for Graduate Students	February 2022
Time Saving Feedback Hacks for Canvas	January 2022
Hidden Gems in Canvas – TX State University	October 2021
How I Learned to Quit Worrying and Love Canvas (recorded session)	July 2021
Microsoft Stream – ITAC (recorded session)	May 2021
Zoom for Faculty – ITAC (recorded session)	February 2021
Handshake Training – Graduate College	January 2021
Virtual Recruitment, Admission, Orientations – Graduate College	November 2020
Tips for Teaching in Unique Settings – HHP	October 2020
Student Funding Opportunities – Graduate College	October 2020
Canvas Toolkit – TX State On-Demand	June 2020
Integrate Multimedia That Matters – TX State On-Demand	June 2020
Canvas Basics – TX State On-Demand	May 2020
Slate Admission Training – TX State University Graduate College	October 2019
Zoom Software Training – TX State University	April 2019
Brennan and Smith Series – Diversity in HHP, Dr. Jared Russell	September 2018
Mastering the Roles of Supervision, University of Albany	June 2018
Allies Training for LGBT Students	June 2015
Program for Excellence in Teaching and Learning, Texas State	2013-2014
Orientation to the Teaching and Learning Program	August 2013
Enhancing Teaching through Instruction Technologies	September 2013
History and Sustainability of Texas State	October 2013
Scholarly Agenda Development	January 2014
The Art of Communication	February 2014
Finale of Program for Excellence in Teaching and Learning	April 2014
Introduction to myCourses, Mississippi State University	2010
myCourses: Assignments, Mississippi State University	2010
myCourses: Assessments, Mississippi State University	2010
Reduce, Reuse, Recycle with OIS, Southeast Missouri State University	2010
Website Design: Good, Bad, & Ugly, Southeast Missouri State University	2009
Website Design with SharePoint Designer, Southeast Missouri State University	2009
Crating Surveys and Evaluations using Flashlight, Southeast Missouri State University	2008
The E-dog Ate my Homework, Southeast Missouri State University	2008
The E-dog Ate my Homework Part 2, Southeast Missouri State University	2008

Quality in Online Courses, Southeast Missouri State University	2007
Getting Started: Class Setup, Southeast Missouri State University	2007
Mechanics of Teaching Online, Southeast Missouri State University	2007
Delivering Tests & Quizzes using OIS UTest, Southeast Missouri State University	2007
Enhancing Student Discussions with OIS Forum, Southeast Missouri State University	2007
Creating a Virtual Dropbox using OIS Dropbox, Southeast Missouri State University	2007

Other Student Accomplishments

I served as faculty sponsor for multiple graduate and undergraduate student research projects. Below are the projects that results in presentations at university-sponsored student research conferences. These students represented majors in health and wellness promotion, nutrition/dietetics, exercise science, pre-physical therapy, and athletic training.

Chesnut, J. (2025, April). *Organizational Development of Local Church Organizations as Public Health Institutions*. Poster presented at the 2025 Texas State University Graduate Student Research Conference. Faculty Mentor: Williams, R.D.

Bussell, A., Woodcox, S., Ortiz, J., Mitchell, G., Alford, T., & Medina, D. (2018, April). *Prioritizing health needs in Midland County: The need to reduce motor vehicle accidents*. Poster presented at the 2018 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Limon, A., McAnarney, A., Davila, D., Boyd, K., & Gonzalez, S. (2018, April). *Cameron County community: Social and epidemiological assessment*. Poster presented at the 2018 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

- Named runner-up for conference's Best Poster Award

Owens, K., Hobbs, R., Hernandez, M., Mitchell, M., & Myrie, A. (2018, April). *Tarrant County needs assessment: Hypertension/renal disease*. Poster presented at the 2018 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Salters, R.L., Kiker, F., Curran, C., De La Garza, S., & Mata, N. (2018, April). *Jefferson County: Assessment to improve quality of life and impact on violent crimes*. Poster presented at the 2018 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Scott, C., Castaneda, E., Ramirez, R., White, M., & Trevorah, B. (2018, April). *Assessment of quality of life and social determinants in Bastrop County*. Poster presented at the 2018 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Weinheimer, M., Okon, P., & Talbot, A. (2017, April). *Quality of life in Cameron County: A social and epidemiological assessment*. Poster presented at the 2017 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Warne, D. (2017, April). *Prioritizing lung cancer health needs in Bastrop County*. Poster presented at the 2017 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Strafuss, R., Cruz, A., Pounds, A., & Coskrey, R. (2017, April). *Lack of access to health care services in Nacogdoches County has shown an increase in other preventable health concerns*.

Poster presented at the 2017 Texas State University Undergraduate Research Conference.
Faculty Mentor: Williams, R.D.

Puente, C., Gunter, J., & Licon, G. (2017, April). *A comprehensive health needs assessment of Wichita County*. Poster presented at the 2017 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Guzman, A., Broadway, S., & Davis, T. (2017, April). *Community needs assessment of Ellis County, Texas*. Poster presented at the 2017 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Carter, M., Scott, D., & Stratton, B. (2017, April). *Community needs assessment for Liberty County based on social and epidemiological data*. Poster presented at the 2017 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Busby, K., Shelton, E., Iverson, G., & Jarr, A. (2017, April). *Social and epidemiological assessment of Frio County*. Poster presented at the 2017 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Brown, A., Williams, K., Alvarez, J., & Mills, K. (2017, April). *Tom Green County needs assessment*. Poster presented at the 2017 Texas State University Undergraduate Research Conference. Faculty Mentor: Williams, R.D.

Fratesi, C. & Slinkard, S.B. (2012, April). *Community mapping and assessment of obesity prevention resources*. Oral session presented at the 2012 Mississippi State University Graduate Student Symposium. Faculty Sponsor: Williams, R.D.

Flores, C.G., Perez, V., & Williams, R.D. (2010, April). *Perceptions of Nintendo Wii among elderly patients and physical therapists*. Oral session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Thornes, R., Upchurch, L., & Niswonger, C. (2010, April). *Nutrition knowledge of college students*. Oral session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Stephens, E., Johnson, A., & Paes, J. (2010, April). *Consumption of calories in college students*. Poster session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Fitzgerald, L., Gean, L., & Rasor, W. (2010, April). *Calories comparison of school lunch menus in public and private Missouri schools*. Poster session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

- Winner of the conference's Best Poster Award

Paige, C. (2010, April). *Campus smoking policies*. Poster session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Barnes, S., Runion, A., & Williams, D. (2010, April). *Delayed-onset muscle soreness in college female students*. Poster session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Ashley, J.M. (2010, April). *Chiropractors and injury prevention of athletes*. Poster session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Hutson, T., Surman, K., & Wiegmann, J. (2010, April). *The effects of fruits, vegetables, and fortified foods on overall well-being*. Poster session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Koehler, S., (2010, April). *Perceptions and beliefs of the recreational college-aged athlete on dietary and performance enhancing drugs*. Poster session presented at the 18th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Humphries, R., Henry, E., & Boenker, P. (2009, April). *The attitudes, preferences, and beliefs of restaurant patrons in Cape Girardeau in regards to smoking inside restaurants*. Oral session presented at the 17th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Aufdenberg, T., Bullinger, R., & Hahs, A. (2009, April). *The elderly: Exercise habits and perceived barriers*. Oral session presented at the 17th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Egbuka, B. & Hoffman, C. (2009, April). *Obesity rates and knowledge of physical activity among BMI levels of female high-school students*. Poster session presented at the 17th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Gohn, A. & Williams, R. (2009, April). *Analysis of bicycle consumer practices*. Poster session presented at the 17th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Osborn, B.D., Thole, B., & Haertling, L.K. (2009, April). *The difference in calorie consumption between students who live on campus and those who commute: The effect it has on weight*. Poster session presented at the 17th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Moore, E., Gaddie, B., & Taubel, J. (2009, April). *Perceived benefits and barriers to exercise among undergraduate college majors*. Poster session presented at the 17th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Petti, A.R. & Robinson, A.P. (2008, April). *Risk factors for cognitive functioning disorders*. Oral session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Sadler, R.D., Carr, R., & Cody, N. (2008, April). *Determining reasons and objectives for working with at-risk youth*. Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Biedenstein, M.J., Drury, J.D., & Matthews, C.M. (2008, April). *Energy drinks at Southeast Missouri State University*. Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Thatch, K. (2008, April). *Exercising before examination in correlation to the abatement of test anxiety*. Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Ostendorf, W., Yarbrow, J., & Schremp, A. (2008, April). *The effects of water temperature on arthritis patients' response to aquatic exercise*. Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Jones, A. & Martin, A. (2008, April). *The usefulness of food diaries and weight loss among women*. Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Smith, M, Ford, J., & Solis, G. (2008, April). *Influential factors of supplement usage among recreation center users*. Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Krengiel, K.M. & Garlotte, A.E. (2008, April). *The effects of free time on GPA*. Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Wong, B., Stahlberg, & Strahlendorf, T. (2008, April). *Athletes living on-campus earn higher GPAs than those living off-campus*. Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Bencomo, M. & Nixon, T. (2008, April). *Does secondhand smoke affect elementary school attendance?* Poster session presented at the 16th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Wilson, L. & Conger, H. (2007, April). *Children and advertising: An analysis of the frequency of food advertising during children's programming*. Oral session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Stricklin, B.W. & Schwent, A.G. (2007, April). *Body mass index and college football players*. Oral session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Kerby, G. & Thesing, J. (2007, April). *The effects of a four-week speed training protocol on female college athletes*. Oral session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Moore, A. & Woods, C. (2007, April). *Smokers vs. non-smokers: the effects on our cardiovascular system*. Poster session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Krechel, A. & Johnson, A. (2007, April). *The usage of Southeast Missouri State University's campus recreation facilities*. Poster session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Alexander, C. & Beard, M. (2007, April). *Positional variance in aerobic and anaerobic capacities in collegiate female soccer players*. Poster session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Barnes, J. & Ricketts, L. (2007, April). *Comparing GPAs of working and non-working SEMO students*. Poster session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Croxford, A. & Knickman, M. (2007, April). *Perceptions of faculty and staff towards Greek students at Southeast Missouri State University*. Poster session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Whipple, R. & Witmeyer, R. (2007, April). *The body's physiological response to distraction and non-distraction exercise*. Poster session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

Oliver, J. & McMullen, J. (2007, April). *How muscle mass is affected by high protein-low fat diets vs. high carbohydrates-low fat diets in men and women between the ages of 18-24*. . Poster session presented at the 15th Annual Southeast Missouri State University Student Research Conference. Faculty Sponsor: Williams, R.D.

III. SCHOLARLY/CREATIVE

A. Works in Print (including accepted, forthcoming, in press)

1. Books (if not refereed, please indicate)

d. Chapters in Books:

Williams, R.D. (2013). Counseling and coaching on physical activity. In C. Hawk & M. Evans (Eds.). *Health Promotion and Wellness: An Evidence-Based Approach Guide to Clinical Preventive Services*. (pp.68-82). Wolters Kluwer Health: Lippincott, Williams and Wilkins.

2. Articles

a. Refereed Journal Articles: *Student Author

Published

Williams, R.D. , Bishop, J.M., & Housman, J.M. (2025). Disparities in HIV testing, STI testing, and associated risk factors in high school-aged youth: Findings from the Youth Risk Behavior Survey. *AIDS Care*, 37(4), 546–554.

*Bates, K., **Williams, R.D.**, Housman, J.M., & Odum, M. (2024). LGBTQIA+ individuals' experiences with intimate partner violence and perceptions of victim services. *Violence & Victims*, 39(4), 495–511.

Williams, R.D., *Kitts, G., Levy, T. M., Housman, J. M., & Berumen-Flucker, B. (2024). Relationship of perceived racial discrimination and age of onset for cigarette, alcohol, and marijuana use among adolescents. *Health Behavior and Policy Review*, 11(6), 1760–1769.

Berumen-Flucker, B., *Esqueda, K., *Ledezma, K., *Barrientez, T. C., **Williams, R.D.**, & *Romero, S. (2025). Culture, acculturation, and physical activity among U.S. Hispanic/Latino adults. *American Journal of Health Behavior*, 49(1), 36–53.

*Levy, T.M., **Williams, R.D.**, Odum, M., Housman, J. M., & McDonald, J. D. (2024). Impact of COVID-19 stress on food insecurity and fruit and vegetable consumption among college students. *Journal of American College Health*, 72(6), 1947–1954.

Banton, K., **Williams, R.D.**, & Housman, J.M. (2023). Systematic review of college-based bystander interventions to reduce sexual violence. *Health Behavior and Policy Review*, 10(2), 1204–1217.

Williams, R.D., & *Gutierrez, A. (2022). Increased likelihood of forced sexual intercourse, sexual violence, and sexual dating violence victimization among sexual minority youth. *Journal of Community Health*, 47(2), 193-200.

*Levy, T.M., **Williams, R.D.**, Odum, M., & Housman, J.M. (2022). COVID-19 stress, food security, and fruit and vegetable consumption among university students. *Health Education Monograph*, 31(1), 11-17. [Mohammad R. Torabi Student Research Paper of the Year Award]

Hawk, C., Amorin-Woods, L., Evans, M.W., Whedon, J., Daniels, C., **Williams, R.D.**, Parkin-Smith, G., Taylor, D., Anderson, D., Farabaugh, R., Walters, S., Schielke, A., Minkalis, A., Crivelli, L., Alpers, C., Hinkeldey, N., Hoang, J., Caraway, D., Whalen, W., Cook, J., & Redwood, D. (2021). The role of chiropractic care in providing health promotion and clinical preventive services for adult patients with musculoskeletal pain: A clinical practice guideline. *Journal of Alternative and Complementary Medicine*, 27(10), 850-867.

*Kim, J., Kim, J., **Williams, R.D.**, & Han, A. (2021). The association of social support and leisure time physical activity with mental health among individuals with cancer. *American Journal of Health Promotion*, 35(3), 362-368.

*Ortega, S., **Williams, R.D.**, & Odum, M. (2021). Exposure to sexual health education during elementary school impacts perceived knowledge of STI prevention and contraception among college students. *The Health Educator*, 53(2), 32-42.

*Traphagan, H., Odum, M., **Williams, R.D.**, & Haskard-Zolnierrek, K. (2021). Motivations, confidence, and training of third-party providers of sexuality education. *The Health Educator*, 53(2), 48-59.

Williams, R.D., Housman, J.M., & McDonald, J.D. (2020). If we build it, will they come? Challenges of adapting and implementing a smoking cessation program for the LGBTQ community in southcentral Texas. *Health Promotion Practice*, 21(S1), 118S-123S.

*Khanhkhram, A., **Williams, R.D.**, Housman, J.M., & Odum, M. (2020). Sexual dating violence, school-based violence, and risky behaviors among U.S. high school students. *Journal of Community Health*, 45, 932-942.

Xu, L., Odum, M., **Williams, R.D.**, & Housman, J.M. (2019). The FLASHE study: Racial and sex disparities in adolescent and parent modifiable cancer risk behaviors. *American Journal of Health Behavior*, 43(5), 912-923.

Williams, R.D., Housman, J.M., & Evans, J.L. (2018). Continued reduction of particulate matter in bars six months after adoption of a smoke-free ordinance. *Journal of Environmental Health*, 81(1), 1-8.

Williams, R.D., Woolsey, C.L., & Housman, J.M. (2018). High-risk alcohol use associated with past 30-day energy drink use. *American Journal of Health Studies*, 33(3), 113-117.

Williams, R.D., Housman, J.M., *Evans, J.L., *Bishop, J.M., & *Ray, V. (2018). Urban and rural adolescents' points-of-access for alcohol and tobacco. *Journal of Community Health*, 43(2), 406-411.

Housman, J.M., & **Williams, R.D.** (2018). Adolescent nonmedical use of opioids and alcohol mixed with energy drinks. *American Journal of Health Behavior*, 42(5), 65-73.

Sather, T.E., Woolsey, C.L., Delorey, D.R. & **Williams, R.D.** (2018). Energy drink and nutritional supplement beliefs among naval aviation candidates. *Aerospace Medicine and Human Performance*, 89(8), 731-736.

Evans, M.W., Ndetan, H., Ka Sekhon, V. **Williams, R.D.**, Oliver, B., Perko, M.A., Woolsey, C.L., & Singh, K.P. (2018). Adult use of complementary and integrative approaches to improve athletic performance. *Alternative Therapies in Health and Medicine*, 24(1), 30-37.

Odum, M., Housman, J., & **Williams, R.D.** (2018). Intrapersonal factors of male and female adolescent fruit and vegetable intake. *American Journal of Health Behavior*, 42(2), 106-115.

*Hayes, E., & **Williams, R.D.** (2018). STI-free student community: A social-ecological strategy to increase student access to sexual health information and contraceptives. *Health Education Monograph*, 35(1), 16-22.

Woolsey, C.L., **Williams, R.D.**, Housman, J.M., & Sather, T.E. (2017). Age at first use of energy drinks associated with risky alcohol-related motor vehicle behaviors among college students. *Journal of Child and Adolescent Substance Abuse*, 26(5), 376-386.

Williams, R.D., Odum, M., & Housman, J.M. (2017). Adolescent energy drink use related to intake of fried and high-sugar foods. *American Journal of Health Behavior*, 41(4), 454-460.

Sather, T.E., **Williams, R.D.**, Delorey, D.R., & Woolsey, C.L. (2017). Caffeine consumption among naval aviation candidates. *Aerospace Medicine and Human Performance*, 88(4), 399-405.

Williams, R.D., Housman, J.M., Odum, M., & *Rivera, A. (2017). Energy drink use linked to high-sugar beverage intake and BMI among teens. *American Journal of Health Behavior*, 41(3), 259-265.

*Treloar, J.A., Tidwell, D.K., **Williams, R.D.**, Buys, D.R., Oliver, B.D., & Yates, J. (2017). Applying Theory of Planned Behavior to energy drink consumption in community college students. *American Journal of Health Studies*, 32(1), 222-234.

Evans, M.W., Ndetan, H., Ka Sekhon, V. **Williams, R.D.**, Oliver, B., Perko, M.A., Woolsey, C.L., & Singh, K.P. (2017). Adult use of complementary and integrative approaches to improve athletic performance. *Alternative Therapies in Health and Medicine*, 23(7), AT5625.

*Walker, J., Hunt, B.P., Oliver, B., & **Williams, R.D.** (2017). Overlapping responsibilities in athletic training and health education. *Louisiana Journal of Health, Physical Education, Recreation, and Dance*, 81(1), 24-30.

Williams, R.D., *Day, T.F., Hall, M.E., & Hunt, B.P. (2016). Measuring student perceptions of university tobacco-free policy: The Campus Tobacco-Free Policy Scale. *American Journal of Health Studies*, 31(4), 199-204.

Odum, M., Housman, J.M., **Williams, R.D.**, *Bishop, J.M., & *Burson, S. (2016). Predictors of fruit and vegetable consumption among U.S. adolescents: 2014 Family Life, Activity, Sun, Health, and Eating (FLASHE) study. *American Journal of Health Studies*, 31(4), 213-221.

*McAllister, M., Webb, H.E., Tidwell, D.K., Smith, J., Fountain, B., Schilling, W., & **Williams, R.D.** (2016). Exogenous carbohydrate reduces cortisol response from combined mental and physical stress. *International Journal of Sports Medicine*, 37(4), 1159-1165.

Housman, J.M., **Williams, R.D.**, & Woolsey, C.L. (2016). Impact of alcohol and alcohol mixed with energy drinks on non-medical prescription stimulant use among a national sample of 12th grade students. *American Journal on Addictions*, 25(5), 378-384.

Sather, T.E., Woolsey, C.L., **Williams, R.D.**, Evans, M.W., & Cromartie, F. (2016). Age of first use of energy beverages predicts future maximal consumption among naval pilot and flight officer candidates. *Addictive Behaviors Reports*, 3, 9-13.

*Murphy, T.C., Tidwell, D.K., Hall, M.E., **Williams, R.D.**, Briley, C.A., & Hunt, B.P. (2016). Exploring a healthy living variable using Theory of Planned Behavior. *Health Behavior and Policy Review*, 3(3), 187-197.

Hall, M.E., **Williams, R.D.**, Ford-Wade, M.A., Bergman, R.J., & Murphy-Cromeans, E.L. (2016). Religiosity and sexting behaviors among college students. *Journal of Religion and Health*. DOI 10.1007/s10943-016-0291-y. Published online July 28, 2016.

Woolsey, C.L., **Williams, R.D.**, Housman, J.M., Barry, A.E., Jacobson, B.H., & Evans, M.W. (2015). College students' perceptions of the effects of the combined-use of alcohol & energy drinks and reported drinking and driving behaviors. *Journal of Studies on Alcohol and Drugs*, 76(3), 615-619.

Hall, M.E., **Williams, R.D.**, & Hunt, B.P. (2015). Assessment of attitudes regarding tobacco-free campus policy and secondhand smoke exposure among college students, faculty and staff. *American Journal of Health Education*, 46(1), 48-57.

Woolsey, C.L., **Williams, R.D.**, Jacobson, B.H., Housman, J.M., McDonald, J.D., Swartz, J.H., Evans, M.W., Sather, T.E., Barry, A.E., & Davidson, R.T. (2015). Increased energy drink use as a predictor for illicit prescription stimulant use. *Substance Abuse*, 36(4), 413-419.

Woolsey, C.L., Jacobson, B.H., **Williams, R.D.**, Barry, A.E., Davidson, R.T., Evans, M.W., & Beck, N.C. (2015). Comparison of the combined-use of alcohol & energy drinks to alcohol-only on high risk driving. *Substance Use and Misuse*, 50(1), 1-7.

Perko, M.A., **Williams, R.D.** & Evans, M.W. (2015). Sports supplements and female athletes: Risks, reality, and recommendations. *Women in Sport and Physical Activity Journal*, 23(2), 89-92.

Hall, M.E., **Williams, R.D.**, Penhollow, T.M., Rhoades, K.E., & Hunt, B.P. (2015). Factors associated with discrimination among minority college students. *American Journal of Health Behavior*, 39(3), 318-329.

*Robinson, J.N., Tidwell, D.K., Briley, C.A., **Williams, R.D.**, Taylor, W.N., & Threadgill, P. (2015). Eve's Apple: A faith-based nutrition education pilot program for African American women. *American Journal of Health Studies*, 30(2), 81-89.

Woolsey, C.L., LeNoir, C.L., **Williams, R.D.**, Sean, D., Mannion, J., Evans, M.W., & Ramcharan, M. (2015). Using positive motivation techniques to gain control of eating behaviors: A clinical review on building confidence and routines for sustainable body transformation. *Topics in Integrative Health Care*, 6(2), 6.2003.

*Arick, M., Hunt, B.P., **Williams, R.D.**, & Mitchell, Q. (2014). Smokeless tobacco and youth: An underserved public health concern. *Journal of the Mississippi Association of Health, Physical Education, Recreation, and Dance*, 2(2), 29-43.

Waggoner, J., **Williams, R.D.**, & Barnes, J.T. (2014). The effects of a four-week primary and secondary speed training protocol on 40-yard sprint times in female college soccer players. *Journal of Human Sport and Exercise*, 9(3), 713-726.

Williams, R.D., Barnes, J.T., Hall, M.E., *Day, T.F., & Hunt, B.P. (2014). Analysis of restaurant indoor air quality in smoking-allowed vs. smoke-free college communities. *American Journal of Health Studies*, 29(1), 174-180.

Williams, R.D., Barnes, J.T., Holman, T., & Hunt, B.P. (2014). Substance use prevention among at-risk rural youth: Piloting the social ecological One Life program. *Journal of At-Risk Issues*, 18(1), 19-26.

Ndetan, H., Evans, M.W., **Williams, R.D.**, Woolsey, C.L., & Swartz, J. (2014). Use of movement therapies and relaxation techniques for management of health conditions among children. *Alternative Therapies in Health and Medicine*, 20(4), 36-42.

*Day, T.F., **Williams, R.D.**, Hunt, B.P., & Hall, M.E. (2014). Perceptions of tobacco-free campus policies among university residence hall student employees. *American Journal of Health Studies*, 29(2), 163-170.

Woolsey, C.L., Mannion, J., **Williams, R.D.**, Steffen, W., Aruguete, M.S., Evans, M.W., Spradley, B.D., Jacobson, B.H., Edwards, W.W., Kensinger, W.S., & Beck, N.C. (2013). Understanding emotional and binge eating: From sports training to tailgating. *Sport Journal*, 16, 1-16.

Cossman, R.E., **Williams, R.D.**, Hunt, B.P., *Slinkard, S.B., *Fratesi, C.A., & *Day, T.F. (2013). College students' sense of cycling capability deters helmet use: Implications for safety helmet ordinances. *American Journal of Health Sciences*, 4(2), 51-54.

Williams, R.D. (2013). Obesity and transitory healthcare utilization interferes with acromegaly diagnosis. *Topics in Integrative Health Care*, 4(1), 4.1004.

Evans, M.W., Ndetan, H., Perko, M.A., **Williams, R.D.**, & Walker, C. (2012). Response to: Commentary to "Dietary supplement use by children and adolescents in the United States to enhance sport performance: Results of the National Health Interview Survey." *Journal of Primary Prevention*, 33(5-6), 227-228. [Invited]

Evans, M.W., Ndetan, H., Perko, M.A., **Williams, R.D.**, & Walker, C. (2012). Dietary supplement use by children and adolescents in the United States to enhance sport performance: Results of the National Health Interview Survey. *Journal of Primary Prevention*, 33(1), 3-12.

Williams, R.D. (2012). Alcohol consumption and policy perception among college freshman athletes. *American Journal of Health Sciences*, 3(1), 17-22.

Dong, B.E. (ST), **Williams, R.D.**, & Hunt, B.P. (2012). Overlapping responsibilities of Certified Health Education Specialists and Doctors of Osteopathic Medicine. *Topics in Integrative Health Care*, 3(2), 3.2007.

Williams, R.D. & Williams, A.R. (2012). Creative writing in alcohol, tobacco, and other drug education. *Contemporary Issues in Education Research*, 5(4), 327-330.

Williams, R.D., Barnes, J.T., Hunt, B.P., & Winborne, H. (ST). (2011). Health beliefs related to secondhand smoke and smoke free policies in a college community. *American Journal of Health Studies*, 26(3), 152-159.

Williams, R.D., Barnes, J.T., & Leoni, E.L. (2011). Social and epidemiological assessment of drug use: A case study of rural youth in Missouri. *American Journal of Health Studies*, 26(2), 79-86.

Williams, R.D. (2011). Clinical brief: Acromegaly in adults. *Topics in Integrative Health Care*, 2(4), 2.4005.

Williams, R.D., Barnes, J.T., Humphries, R. (ST), Hunt, B.P., & Henry, E. (ST). (2011). Beliefs and intentions of restaurant patrons regarding secondhand smoke exposure and smoke-free ordinances. *Missouri Journal of Health, Physical Education, Recreation, and Dance*, 21(1), 123-131.

Williams, R.D., Evans, M.W., & Perko, M.A. (2011). Health promotion advocacy: A practitioner's role in prevention of sports injuries. *Topics in Integrative Health Care*, 2(1), 2.1003.

Perko, M.A., Evans, M.W., & **Williams, R.D.** (2010). Does evidence support the use of performance-enhancing supplements in youth sports? A qualitative review of literature and policy. *Journal of Clinical Chiropractic Pediatrics*, 11(1), 726-730.

Leach, R., Evans, M.W., **Williams, R.D.**, & Privett, D. (2009). Grand rounds: Teen with back pain complicated by obesity. *Journal of Clinical Chiropractic Pediatrics*, 10(2), 687-691.

Evans, M.W., Ndetan, H., & **Williams, R.D.** (2009). Intentions of chiropractic interns regarding use of health promotion in practice: Applying Theory of Reasoned Action to identify attitudes, beliefs, and influencing factors. *Journal of Chiropractic Education*, 23(1), 17-27.

Evans, M.W., Ramcharan, M., Floyd, R., Globe, G., Ndetan, H., **Williams, R.D.**, & Ivie, R. (2009). A proposed protocol for hand and table sanitizing in chiropractic clinics and education institutions. *Journal of Chiropractic Medicine*, 8(1), 38-47.

Williams, R.D., Perko, M.A., Usdan, S.L., Leeper, J.D., Belcher, D., & Leaver-Dunn, D.D. (2008). Influences on alcohol use among NCAA athletes: Application of the Social Ecology Model. *American Journal of Health Studies*, 23(3), 151-159.

Evans, M.W., **Williams, R.D.**, & Perko, M.A. (2008). Public health advocacy and chiropractic: A guide to helping your community reach its health objectives. *Journal of Chiropractic Medicine*, 7(2), 71-77.

Evans, M.W. & **Williams, R.D.** (2007). Policies and sport-enhancing supplements in adolescents: Could what we don't know hurt them? *Journal of the American Chiropractic Association*, 7-14.

Williams, R.D., Perko, M.A., Belcher, D., Leaver-Dunn, D.D., Usdan, S.L., & Leeper, J.D. (2006). Use of Social Ecology Model to address alcohol use among college athletes. *American Journal of Health Studies*, 21(4), 228-237.

b. Non-refereed Articles:

Williams, R.D. (2010). Meth lab seizures. *SEMissourian*. Available at <http://www.semissourian.com/story/1688995.html>.

Williams, R.D. (2009). Seeing clearly in 2009: Glaucoma Awareness Month. *The Best Years*, 23(2), 4.

Williams, R.D. (2008). Second-hand smoke: Are we killing our friends and family? *The Best Years*, 22(11), 12.

Williams, R.D. (2008). Avoiding heat-related illness. *The Best Years*, 22(8), 15.

Williams, R.D. (2008). Recognizing the signs of diabetes. *The Best Years*, 22(3), 5.

Williams, R.D. (2007). What you need to know about your cholesterol. *The Best Years*, 21(6), 6.

Williams, R.D. (2006). Kicking your bad habit: Ways to stop smoking. *The Best Years*, 20(8), 8, 23.

B. Works not in Print

1. Papers Presented at Professional Meetings:

<u>National/International</u>	<u>*Student Author</u>
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*Chalak, A.R., McFadden, N.T., **Williams, R.D.**, & *Rodriguez-Gamez, J. (2025, April). Examining intimate partner violence among South Asian women using a social determinants of health framework. Poster session completed at the 75th Annual Meeting of the Society for Public Health Education, Long Beach, CA.

Levy, T.M., **Williams, R.D.**, *Kitts, G., Berumen-Flucker, B., & Housman, J.M. (2025, April). Perceived racial discrimination and age of onset for cigarette, alcohol, and marijuana use in adolescents. Poster session completed at the 75th Annual Meeting of the Society for Public Health Education, Long Beach, CA.

*Tidwell, B., **Williams, R.D.**, Bishop, J.M., & Housman, J.M. (2025, April). Applying Theory of Planned Behavior to examine college students' distracted driving. Poster session completed at the 75th Annual Meeting of the Society for Public Health Education, Long Beach, CA.

Levy, T.M., **Williams, R.D.**, Berumen-Flucker, B., *Kitts, G., & Housman, J.M. (2025, April). Adolescent body mass index, perceptions of weight, and weight-loss behaviors related to experiences of perceived racial discrimination. Poster session completed at the 75th Annual Meeting of the Society for Public Health Education, Long Beach, CA.

Levy, T.M., **Williams, R.D.**, & Housman, J.M. (2024, March). Differences in at-home and away-from-home dietary patterns among food secure and food insecure parents. Poster session presented at the 74th Annual Meeting of the Society for Public Health Education, St. Louis, MO.

Williams, R.D., Housman, J.M., Bishop, J.M., *Gutierrez, A., & *Powers, K. (2024, March). Disparities in HIV testing, STI testing, and associated risk factors in high school-aged youth: Findings from the Youth Risk Behavior Survey. Poster session presented at the 74th Annual Meeting of the Society for Public Health Education, St. Louis, MO.

Housman, J.M., **Williams, R.D.**, Berumen-Flucker, B., & Bishop, J.M. (2023, March). Alcohol mixed with energy drink use is associated with nonmedical prescription drug use and vaping among 8th and 10th grade students in the U.S. Poster session presented at the 73rd Annual Meeting of the Society for Public Health Education, Atlanta, GA.

Williams, R.D., *Gutierrez, A., Housman, J.M., & Odum, M. (2022, March). *Sexual violence victimization among LGBQ high school students*. Oral session presented at the 72nd Annual Meeting of the Society for Public Health Education, Virtual Meeting.

Housman, J.M., **Williams, R.D.**, & Odum, M. (2022, March). *E-cigarette, energy drink, and behavior patterns among adolescents*. Oral session presented at the 72nd Annual Meeting of the Society for Public Health Education, Virtual Meeting.

Hawk, C., Amorin-Woods, L., Evans, M.W., Whedon, J., Daniels, C., **Williams, R.D.**, Parkin-Smith, G., Taylor, D., Anderson, D., Farabaugh, R., Walters, S., Schielke, A., Minkalis, A., Crivelli, L., Alpers, C., Hinkeldey, N., Hoang, J., Caraway, D., Whalen, W., Cook, J., & Redwood, D. (2021, September). The role of chiropractic care in providing health promotion and clinical preventive services for adult patients with musculoskeletal pain. Oral session presented at the World Federation of Chiropractic's Biennial Congress, Virtual Meeting.

*Bates, K., Odum, M., **Williams, R.D.**, & Housman, J.M. (2021, July). *Lived experiences of intimate partner violence and perceptions of victim services of: Case studies with LGBTQIA+ individuals*. Poster session presented at the Ethnographic and Qualitative Research Conference, Las Vegas, NV. (Virtual Meeting).

Housman, J.M., **Williams, R.D.**, & Woolsey, C.L. (2021, April). *High school seniors' use of flavored tobacco, flavored alcohol, and e-cigarettes associated with 30-day use of energy drinks and alcohol mixed with energy drinks*. Poster session presented at the 71st Annual Meeting of the Society for Public Health Education, Virtual Meeting.

*Levy, T.M., **Williams, R.D.**, Housman, J.M., Odum, M., & McDonald, J. (2021, March). *COVID-19 stress, food insecurity, personal agency, and intentions as predictors of fruit and vegetable consumption among college students*. Poster session presented at the American Academy of Health Behavior Virtual Scientific Meeting.

Housman, J.M., & **Williams, R.D.** (2020, March). *Energy drink and alcohol mixed with energy drink use is associated with vaping, flavored alcohol, and flavored tobacco use among high school seniors*. Poster session presented at the 70th Annual Meeting of the Society for Public Health Education, Virtual Meeting.

*Khanhkhham, A., **Williams, R.D.**, Housman, J.M., & Odum, M. (2020, March). *Physical and sexual dating violence victimization related to multiple risky health behaviors among U.S. adolescents*. Poster session presented at the 70th Annual Meeting of the Society for Public Health Education, Virtual Meeting.

*Ortega, S., & **Williams, R.D.** (2020, March). *Implementation of sexual health education in elementary grade levels leads to higher knowledge of STI/HIV prevention and contraception use in young adulthood*. Poster session presented at the 70th Annual Meeting of the Society for Public Health Education, Virtual Meeting.

*Cook, C., *Smith, S., *Mack, W., *Vera, S., Odum, M., **Williams, R.D.**, & Housman, J.M. (2020, March). *Confetti assessment initiative for campus environmental health: An Eta Sigma Gamma and "What Goes Here, Flows Here" partnership*. Poster session presented at the 70th Annual Meeting of the Society for Public Health Education, Virtual Meeting.

*Mack, W., *Smith, S., *Vera, S., *Cook, C., Odum, M., **Williams, R.D.**, & Housman, J.M. (2020, March). *Evaluation of collection and advertisement methods of Eta Sigma Gamma student-led holiday food drives*. Poster session presented at the 70th Annual Meeting of the Society for Public Health Education, Virtual Meeting.

Williams, R.D., Housman, J.M., & Odum, M. (2019, March). *U.S. adolescents' consumption of fried foods, sugary foods, and energy drinks*. Poster session presented at the 69th Annual Meeting of the Society for Public Health Education, Salt Lake City, UT.

Housman, J.M., **Williams, R.D.**, & Woolsey, C.L. (2019, March). *Energy drink and energy shot use associated with non-medical opioids*. Poster session presented at the 69th Annual Meeting of the Society for Public Health Education, Salt Lake City, UT.

Williams, R.D., & *Gonzalez, A. (2019, March). *Longitudinal changes in internal development assets after continued participation in a rural youth mentoring program: 2009-2017*. Poster session presented at the 69th Annual Meeting of the Society for Public Health Education, Salt Lake City, UT.

*Cook, C., *Khanhkhham, A., *Smith, S., Odum, M., **Williams, R.D.**, & Housman, J.M. (2019, March). *Process and impact evaluation of the San Marcos Housing Authority Food Drive: An Eta Sigma Gamma student-led effort to address food insecurity in Hays County, Texas*. Poster session presented at the 69th Annual Meeting of the Society for Public Health Education, Salt Lake City, UT.

*Hayes, E., *Jensen, L.A., *Khanhkhham, A., *Cook, C., *Smith, S., Odum, M. & **Williams, R.D.** (2019, March). *Using National College Health Assessment data to develop the STI-Free Student Community Program: An Eta Sigma Gamma student-led effort to address sexual health*. Poster session presented at the 69th Annual Meeting of the Society for Public Health Education, Salt Lake City, UT.

*Rogers, C., Tidwell, D.K., Briley, C.A., Oliver, B.D., Allsopp, M., & **Williams, R.D.** (2018, October). *Vitamin D supplementation in pregnancy improves outcomes: A systematic review and meta-analysis*. Poster session presented at the Academy of Nutrition and Dietetics 2018 Nutrition Conference and Expo, Washington, DC.

- Abstract published in the *Journal of the Academy of Nutrition and Dietetics*, 118(10), A148.

Williams, R.D., Housman, J.M., Evans, J.L., & Bishop, J.M. (2018, April). *Urban and rural adolescents' points-of-access for alcohol and tobacco*. Poster session presented at the 68th Annual Meeting of the Society for Public Health Education, Columbus, OH.

Housman, J.M. & **Williams, R.D.** (2018, April). *Non-medical prescription opioid use associated with alcohol mixed with energy drinks use among U.S. middle and high school students*. Poster session presented at the 68th Annual Meeting of the Society for Public Health Education, Columbus, OH.

Burson, S.L., Bishop, J.M., Odum, M., Housman, J.M., & **Williams, R.D.** (2018, April). *Factors associated with adolescent sugar sweetened beverage consumption in a nationally representative sample*. Poster session presented at the 68th Annual Meeting of the Society for Public Health Education, Columbus, OH.

Odum, M., Housman, J.M., & **Williams, R.D.** (2018, March). *Factors impacting adolescent fruit and vegetable consumption: Data from the National Cancer Institute's Family Life, Activity, Sun,*

Health, and Eating (FLASHE) Study. Poster session presented at the 18th Annual Scientific Meeting of the American Academy of Health Behavior, Portland, OR.

Falcone, S., Hunt, B.P., & **Williams, R.D.** (2018, January). *Effective health communication among hearing impaired with ASL as a primary language*. Oral session presented at the 9th Annual International Conference on the Health Risks of Youth, Clearwater, FL.

Woolsey, C.L., Evans, M.W., Ndetan, H., **Williams, R.D.**, Oliver, B.D., Perko, M.A., & Steffen, W. (2017, October). *Adult use of complementary and integrative healthcare approaches to improve athletic performance*. Poster session presented at the Association for Applied Sports Psychology 32nd Annual Conference, Orlando, FL.

Woolsey, C.L., Housman, J.M., **Williams, R.D.**, Sather, T.E., & Jacobson, B.H. (2017, June). *Age at first energy drink use predicts future high-risk driving behaviors among college students*. Poster session presented at the American College of Sports Medicine's 64th Annual Meeting, Denver, CO.

Williams, R.D., Housman, J.M., & Odum, M. (2017, March). *Energy drink use among adolescents increases consumption of other high-sugar beverages*. Poster session presented at the 67th Annual Meeting of the Society for Public Health Education, Denver, CO.

Housman, J.M. & **Williams, R.D.** (2017, March). *Consumption of alcohol mixed with energy drinks predicts non-medical prescription stimulant use in adolescents*. Poster session presented at the 67th Annual Meeting of the Society for Public Health Education, Denver, CO.

Odum, M., Housman, J.M., & **Williams, R.D.** (2017, March). *Adolescent fruit and vegetable consumption predictors*. Poster session presented at the 67th Annual Meeting of the Society for Public Health Education, Denver, CO.

Bishop, J.M., Odum, M., Housman, J.M., & **Williams, R.D.** (2017, March). *Impact of household eating habits on adolescent fruit and vegetable consumption*. Poster session presented at the 67th Annual Meeting of the Society for Public Health Education, Denver, CO.

Odum, M., Wiley, D.C., & **Williams, R.D.** (2017, January). *Graduate students' perceived academic writing support: What do they find beneficial, and what do they want?* Poster session presented at the Ethnographic and Qualitative Research Conference, Las Vegas, NV.

Williams, R.D. & Housman, J.M. (2016, June). *Time-phased measurement of particulate matter in bars before and after smoke-free ordinance*. Poster session presented at the 79th National Environmental Health Association Annual Educational Conference, San Antonio, TX.

Housman, J.M., **Williams, R.D.**, McDonald, J., & Evans, J. (2016, April). *What happens if we build it and they don't come? Challenges of adapting and implementing a smoking cessation program targeting LGBT populations*. Oral session presented at the 66th Annual Meeting of the Society for Public Health Education, Charlotte, NC.

Housman, J.M., **Williams, R.D.**, & Woolsey, C.L. (2016, April). *Impact of alcohol and combined alcohol and energy drink use on driving behavior in a sample of high school students*. Poster session presented at the 66th Annual Meeting of the Society for Public Health Education, Charlotte, NC.

Hall, M.E., Bergman, R.J., **Williams, R.D.**, Penhollow, T.M., Rhoades, K.E., & Hunt, B.P. (2016, April). Factors associated with discrimination among minority college students. Poster session presented at the 66th Annual Meeting of the Society for Public Health Education, Charlotte, NC.

Ndetan, H., Evans, M.W., & **Williams, R.D.** (2016, March). Use of complementary and alternative medicine to improve athletic or sport performance by adults in the United States. Poster session presented at the Association of Chiropractic Colleges Educational and Research Agenda Conference, Orlando, FL.

Hunt, B.P., **Williams, R.D.**, & Housman, J.M. (2016, January). *Exploring self- and peer-access to alcohol and tobacco among rural adolescents*. Oral session presented at the 7th Annual International Conference on the Health Risks of Youth, Cancun, Mexico.

*Day, T.F., **Williams, R.D.**, Hunt, B.P., & Eagan, K. (2015, November). *Campus Tobacco-Free Policy Scale: Measures student perceptions of university tobacco-free policy*. Poster session presented at the 143rd American Public Health Association Annual Meeting, Chicago, IL.

Woolsey, C.L., **Williams, R.D.**, Housman, J.M., Barry, A.E., Jacobson, B.H., Evans, M.W., & Ndetan, H.T. (2015, November). *High risk drinking and driving among college students increases with combined use of alcohol and energy drinks*. Oral session presented at the 143rd American Public Health Association Annual Meeting, Chicago, IL.

Housman, J.M., **Williams, R.D.**, & Woolsey, C.L. (2015, October). *Combined energy drink and alcohol use predicts illicit prescription stimulant use*. Oral session presented at the 89th Annual American School Health Association Conference, Orlando, FL.

*Lancaster, S.Q., Tidwell, D.K., Silva, J.L., & **Williams, R.D.** (2015, October). *Dietary fiber education for diverticular disease did not affect hospital readmission rates*. Poster session presented at the Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, Nashville, TN.

Smith, K.S., **Williams, R.D.**, & Housman, J.M. (2015, June). *The development of a virtual reality environment for addiction recovery*. Oral session presented at the 10th International Conference on Interdisciplinary Social Sciences, Split, Croatia.

Williams, R.D., Hall, M.E., Barnes, J.T., Hunt, B.P., & *Day, T.F. (2015, March). *Low active smoker density increases fine particulate matter in venues that allow indoor smoking*. Poster session presented at the 15th Annual Scientific Meeting of the American Academy of Health Behavior, San Antonio, TX.

Williams, R.D., Barnes, J.T., & *Day, T.F. (2015, March). *Provision of no-cost lung cancer screening and treatment referrals among a low-SES, rural population with high rates of tobacco use*. Poster session presented at the 15th Annual Scientific Meeting of the American Academy of Health Behavior, San Antonio, TX.

*Day, T.F., **Williams, R.D.**, & Hunt, B.P. (2015, March). *Developing a brief instrument to measure student perceptions of college tobacco-free campus policies*. Poster session presented at

the 15th Annual Scientific Meeting of the American Academy of Health Behavior, San Antonio, TX.

Woolsey, C.L., Jacobson, B.H., **Williams, R.D.**, Barry, A.E., Davidson, R.T., Evans, M.W., & Ndetan, H.T. (2014, November). *Alcohol and energy drinks: An examination of high-risk drinking and driving behaviors among college students*. Oral session presented at the 142th American Public Health Association Annual Meeting, New Orleans, LA.

Woolsey, C.L., Ndetan, H.T., Evans, M.W., **Williams, R.D.**, Jacobson, B.H., & Barry, A.E. (2014, November). *Energy drink use motivations among prescription stimulant misusers*. Poster session presented at the 142th American Public Health Association Annual Meeting, New Orleans, LA.

Housman, J.M. & **Williams, R.D.** (2014, October). *Examining rural youth's points of access for alcohol and tobacco*. Oral session presented at the 88th Annual American School Health Association Conference, Portland, OR.

*Doxtater, L.T., Tidwell, D.K., **Williams, R.D.**, & Burney, S.L. (2014, October). *Effect of low sodium diet education in the prevention of hospital readmission for heart failure patients*. Poster session presented at to the Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, Atlanta, GA.

- Abstract published in the *Journal of the Academy of Nutrition and Dietetics*, 114(9), A28.

Evans, M.W., Ndetan, H.T., Woolsey, C.L., **Williams, R.D.**, Njume-Ntoko, R., & Nwagbara, C. (2014, October). *Early training and use of relaxation techniques and movement therapies among children to reduce anxiety and stress*. Poster session presented at the Association for Applied Sports Psychology 29th Annual Conference, Las Vegas, NV.

Williams, R.D., & Woolsey, C.L. (2014, May). *Institutional alcohol policies and the relationship to consumption among university athletes*. Poster session presented at the American College Health Association's 2014 Annual Meeting, San Antonio, TX.

*Day, T.F., **Williams, R.D.**, & Hunt, B.P. (2014, May). *Implications for tobacco-free policy enforcement and support among university residence hall student employees*. Poster session presented at the American College Health Association's 2014 Annual Meeting, San Antonio, TX.

Woolsey, C.L. & **Williams, R.D.** (2014, May). *Comparison of the combined use of alcohol and energy drinks to alcohol alone on high risk driving*. Poster session presented at the American College Health Association's 2014 Annual Meeting, San Antonio, TX.

Williams, R.D. & Hunt, B.P. (2014, March). *Tobacco use and violence among high school females*. Poster session presented at the 14th Annual Scientific Meeting of the American Academy of Health Behavior, Charleston, SC.

Hunt, B.P., **Williams, R.D.**, Housman, J.M., & *Day, T.F. (2014, March). *Smoke-free ordinances have significant impact on reducing particulate matter exposure in entertainment venues*. Poster session presented at the 14th Annual Scientific Meeting of the American Academy of Health Behavior, Charleston, SC.

Williams, R.D., *Day, T.F., Hunt, B.P., & Housman, J.M. (2014, March). *Asset development and dug use prevention: Three-year evaluation of adult-youth mentoring program for at-risk rural youth*. Poster session presented at the 65th Annual Meeting of the Society of Public Health Education, Baltimore, MD.

*Day, T.F., **Williams, R.D.,** & Hunt, B.P. (2014, March). *Exposure to particulate matter through secondhand smoke leads to increased health risks among bar employees*. Poster session presented at the 65th Annual Meeting of the Society of Public Health Education, Baltimore, MD.

Williams, R.D., Hunt, B.P., & *Day, T.F. (2014, March). *Social and interpersonal trends in underage alcohol and tobacco access among a rural youth*. Poster session presented at the 15th Biennial Meeting of the Society for Research on Adolescence, Austin, TX.

Woolsey, C.L., Jacobson, J.A., Barry, A.E., **Williams, R.D.,** Beck, N.C., Evans, M.W., & Davidson, R. (2014, March). *The combined use of alcohol and energy drinks as a predictor of increased risk for drinking and driving*. Oral session presented at the Association of Chiropractic Colleges Educational Conference XXI, Las Vegas, NV.

- Abstract published in *Journal of Chiropractic Education*, 28(1), 81.

Hunt, B.P., **Williams, R.D.,** *Day, T.F., & Housman, J.M. (2013, October). *Impact of a modified evidence-based prevention program on 30-day ATOD use in rural, parochial schools*. Poster session presented at the 87th Annual American School Health Association Conference, Myrtle Beach, SC.

Steffen, W., Woolsey, C.L., Mannion, J., Spradley, B., Evans, M.W., Beck, N.C., & **Williams, R.D.** (2013, October). *Using evidence-based mindfulness programs to improve disordered eating: Understanding emotional and binge eating among athletes*. Poster session accepted at the Association for Applied Sports Psychology 28th Annual Conference, New Orleans, LA.

Barnes, J.T., *Loenneke, J.P., Becking, D.R., Brockmire, C.B., Green, C.E., Koeller, R.G., Thompson, R.E., Zorich, R.L., Wagganer, J.D., **Williams, R.D.,** & Pujol, T.J. (2013, May). *Validity of a portable computer-based ultrasound for the measurement of body composition*. Poster session presented at the American College of Sports Medicine's 60th Annual Meeting, Indianapolis, IN.

- Abstract published in *Medicine and Science in Sports and Exercise*, 45(5), S369.

Williams, R.D., *Arick, M., Hunt, B.P., & *Day, T.F. (2013, April). *Smokeless tobacco prevention and cessation advocacy: Framework for collaboration between dental professionals and Certified Health Education Specialists*. Poster session presented at the 2013 National Oral Health Conference, Huntsville, AL.

- Abstract published in *Journal of Public Health Dentistry*, 27.

Hunt, B.P., **Williams, R.D.,** & Barnes, J.T. (2013, April). *Community-campus partnership for tobacco prevention outreach, advocacy, and philanthropy*. Poster session presented at the Society for Public Health Education's 64th Annual Meeting, Orlando, FL.

*Murphy, T.C., Tidwell, D.K., Hall, M.A., **Williams, R.D.,** Briley, C.A., & Hunt, B.P. (2013, April). *Physical activity and fruit and vegetable consumption habits in college student smokers*,

social smokers, and nonsmokers. Poster session presented at the Society for Public Health Education's 64th Annual Meeting, Orlando, FL.

*Robinson, J.N., Tidwell, D.K., Briley, C.A., **Williams, R.D.**, Threadgill, P., & Taylor, W. (2013, April). *Faith-based nutrition education program for African-American women.* Poster session presented at the Society for Public Health Education's 64th Annual Meeting, Orlando, FL.

Williams, R.D. (2013, March). *Correlation of societal risk factors and substance use among rural African-American youth.* Poster session presented at the Society for Adolescent Health & Medicine 2013 Annual Meeting, Atlanta, GA.

- Abstract published in *Journal of Adolescent Health*, 52(2)(Suppl.), S16-S17.

Williams, R.D. & Hunt, B.P. (2013, March). *Fidelity of evidence-based drug prevention program implementation in rural school and community sites.* Poster session presented at the Society for Adolescent Health & Medicine 2013 Annual Meeting, Atlanta, GA.

- Abstract published in *Journal of Adolescent Health*, 52(2)(Suppl.), S17.

Thompson, A., Teeple, K., Hunt, B.P., & **Williams, R.D.** (2013, March). *Current status of guns on college campuses.* Poster session presented at the 3rd International Conference on Health, Wellness, and Society, Sao Paulo, Brazil.

Hunt, B.P., *Gruenke, S., **Williams, R.D.**, & Thompson, A. (2013, March). *Health perceptions of university faculty and staff after a 12-week stage-based intervention: Bruin Health Improvement program (BHIP).* Poster session presented at the 3rd International Conference on Health, Wellness, and Society, Sao Paulo, Brazil.

Ragsdale, K., Walton, L.R., **Williams, R.D.**, Porter, J.R., Galey, F.S., & Humphrey, M.B. (2012, November). *Exploring the 'digital divide': Feasibility of e-health for teen pregnancy prevention among rural and African American youth in Mississippi.* Oral session presented at the 111th American Anthropological Association Annual Meeting, San Francisco, CA.

Ragsdale, K., Walton, L.R., **Williams, R.D.**, Porter, J.R., Galey, F.S., & Humphrey, M.B. (2012, October). *Delta Teen eHealth Focus Group Project: Formative research to enhance teen pregnancy prevention in Mississippi among rural and African American youth through new media/internet technology.* Poster session presented at the 140th American Public Health Association Annual Meeting, San Francisco, CA.

Williams, R.D. & Barnes, J.T. (2012, October). *Outreach for lung cancer education and prevention.* Poster session presented at the 2012 National Outreach Scholarship Conference, Tuscaloosa, AL.

Williams, R.D., Barnes, J.T., & Hunt, B.P. (2012, October). *Y3000 Initiative: Student engagement in community health advocacy and philanthropy.* Poster session presented at the 2012 National Outreach Scholarship Conference, Tuscaloosa, AL.

*Fratesi, C.A., **Williams, R.D.**, Hunt, B.P., *Slinkard, S.B., Ragsdale, K., Briley, C.A., Tidwell, D., & Burney, L. (2012, September). *Community mapping and assessment of obesity prevention resources.* Poster session presented at the 30th Annual Scientific Meeting of the Obesity Society, San Antonio, TX.

- Abstract published in *Obesity, 20(1S)(Suppl.)*, S235.

*Slinkard, S.B., **Williams, R.D.**, Hunt, B.P., *Fratesi, C.A., Briley, C.A., & Tidwell, D.K. (2012, September). *Correlation of environmental food outlets and county health rankings in Mississippi*. Poster session presented at the 30th Annual Scientific Meeting of the Obesity Society, San Antonio, TX.

- Abstract published in *Obesity, 20(1S)(Suppl.)*, S235.

*Kerby, G.W., **Williams, R.D.**, & Wagganer, J.T. (2012, June). *Primary and secondary techniques for reduction in 40-yard sprint times among college female soccer players*. Oral session presented at the American College of Sports Medicine's 59th Annual Meeting, San Francisco, CA.

- Abstract published in *Medicine and Science in Sports and Exercise, 44(5)(Suppl.)*, S25.

*Gobble, R.T., **Williams, R.D.** (SA), Hunt, B.P., Barnes, J.T., & *Leonneke, J.P. (2012, June). *Health promotion initiative to reduce body fat and increase fat free mass among active U.S. military and DOD civilians*. Poster session presented at the American College of Sports Medicine's 59th Annual Meeting, San Francisco, CA.

- Abstract published in *Medicine and Science in Sports and Exercise, 44(5)(Suppl.)*, S589-S590.

Barnes, J.T., Wagganer, J.T., *Loenneke, J.P., **Williams, R.D.**, *Arja, Y., *Kerby, G.W. & Pujol, T.J. (2012, June). *Validity of bioelectrical impedance analysis instruments for the measurement of body composition in collegiate gymnasts*. Poster session presented at to the American College of Sports Medicine's 59th Annual Meeting, San Francisco, CA.

- Abstract published in *Medicine and Science in Sports and Exercise, 44(5)(Suppl.)*, S592.

Williams, R.D., Barnes, J.T., & Hunt, B.P. (2012, April). *Lung cancer outreach among a rural, aging population: Development of a structured education, screening, and referral process*. Poster session presented at the Society of Public Health Education's 2012 Midyear Scientific Conference, Nashville, TN.

Hunt, B.P. & **Williams, R.D.** (2012, April). *Tobacco use and victimization correlation among high school males*. Poster session presented at the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

- Abstract published in *Annals of Behavioral Medicine, 43(1)(Suppl.)*, S128.

Hunt, B.P. & **Williams, R.D.** (2012, April). *Impact of intergenerational mentoring on internal assets of at-risk rural youth*. Poster session presented at the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

- Abstract published in *Annals of Behavioral Medicine, 43(1)(Suppl.)*, S207.

Williams, R.D. (2012, March). *Alcohol policy influences on college freshman athletes' alcohol consumption*. Poster session presented at the Society for Adolescent Health & Medicine 2012 Annual Meeting, New Orleans, LA.

- Abstract published in *Journal of Adolescent Health, 50(2)(Suppl.)*, S71-S72.

Williams, R.D., Barnes, J.T., Leoni, E.L., & Hunt, B.P. (2012, March). *Social ecological assessment of alcohol, tobacco, and other drug use among rural youth*. Poster session presented at the Society for Adolescent Health & Medicine 2012 Annual Meeting, New Orleans, LA.

- Abstract published in *Journal of Adolescent Health*, 50(2)(Suppl.), S72-S73.

Hunt, B.P. & **Williams, R.D.** (2012, January). *Correlation of tobacco use and victimization among high school females: Analysis of the 2009 Youth Risk Behavioral Survey*. Oral roundtable session presented at the 3rd Annual International Conference on Health Risks of Youth, San Juan, Puerto Rico.

Williams, R.D. & Hunt, B.P. (2011, October). *Implementation fidelity of school-based drug prevention programs*. Poster session presented at the 85th Annual American School Health Association Conference, Louisville, KY.

Perko, M.A., **Williams, R.D.**, & Hege, A. (2011, October). *Female college athlete alcohol use impacted by perceptions of other athletes' attitudes*. Poster session presented at the National Conference on Girls and Women in Sport and Physical Activity, Greensboro, NC.

Perko, M.A., **Williams, R.D.**, Evans, M.W., & Buss, C. (2011, October). *Sports supplements and females athletes: Reality, risks and recommendations*. Poster session presented at the National Conference on Girls and Women in Sport and Physical Activity, Greensboro, NC.

*Loenneke, J.P., *Balupar, A., Thrower, A.D., Barnes, J.T., **Williams, R.D.**, & Pujol, T.J. (2011, June). *Time-under-tension decreased with blood flow restricted exercise*. Poster session presented at the American College of Sports Medicine's 58th Annual Meeting, Denver, CO.

- Abstract published in *Medicine and Science in Sports and Exercise*, 43(5)(Suppl.), 402-403.

Williams, R.D., Barnes, J.T., Cowan, S., & Hunt, B.P. (2011, April). *Measuring indoor air quality to advocate for smoke-free ordinances*. Poster session presented at the 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

Hunt, B.P. & **Williams, R.D.** (2011, April). *Changes in cardiovascular health measures among hospital employees after an unsupervised three-month wellness program*. Poster session presented at the 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

- Abstract published in *Annals of Behavioral Medicine*, 41(1)(Suppl.), S111.

Ndetan, H., Evans, M.W., Perko, M.A., **Williams, R.D.**, & Rupert, R. (2011, March). *Use of sports enhancement supplements by adolescents in the United States: Analysis of National Health Interview Survey 2007 – child alternative medicine core sample*. Oral session presented at the Association of Chiropractic Colleges Educational Conference XVIII, Las Vegas, NV.

- Abstract published in *Journal of Chiropractic Education*, 25(1), 92.

Williams, R.D. (2010, October). *Comparison of drug prevention evidence-based programming outcomes in school vs. community sites*. Poster session presented at the 84th Annual American School Health Association Conference, Kansas City, MO.

Williams, R.D. & Williams, A.R. (2010, October). *Teaching health concepts through creative writing: Collaboration between middle school health and language arts*. Poster session presented at the 84th Annual American School Health Association Conference, Kansas City, MO.

Williams, R.D., Leoni, E.L., Klobe, J., Koenig, B., Kugel-Rolls, R., & Alford, L. (2010, October). *Building partnerships between rural schools and community organizations to offer youth mentoring programs*. Poster session presented at the 84th Annual American School Health Association Conference, Kansas City, MO.

Barnes, J.T. & **Williams, R.D.** (2010, October). *Reducing substance use among secondary school students utilizing an after-school mentoring program*. Poster session presented at the 84th Annual American School Health Association Conference, Kansas City, MO.

Leoni, E.L., Klobe, J., & **Williams, R.D.** (2010, September). *CHAMPS: Design, implementation, and evaluation of a rural youth mentoring program*. Oral session presented at the 23rd Annual National Prevention Network Conference, Denver, CO.

*Loenneke, J.P., Thrower, A.D., *Balupar, A., Barnes, J.T., **Williams, R.D.**, & Pujol, T.J. (2010, June). *Acute cardiorespiratory responses of practical occlusion*. Poster session presented at the American College of Sports Medicine's 57th Annual Meeting, Baltimore, MD.

- Abstract published in *Medicine and Science in Sports and Exercise*, 42(5)(Suppl.), 2462.

Leoni, E.L., Klobe, J., **Williams, R.D.**, Kugel-Rolls, R., & Koenig, B. (2010, June). *Developing a mentoring program for rural youth: Using the CHAMPS model*. Oral session presented at the 26th National Rural Institute on Alcohol and Drug Abuse, Menomonie, WI.

Williams, R.D. & Barnes, J.T. (2010, March). *College athletes' perceptions of university and athletic department alcohol policies*. Oral session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Indianapolis, IN.

Williams, R.D., Barnes, J.T., & Leoni, E.L. (2010, March). *Reducing risk factors for high-risk rural youth through after-school programming*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Indianapolis, IN.

- Abstract published in *International Electronic Journal of Health Education*, 13, 31.

Barnes, J.T. & **Williams, R.D.** (2010, February). *College students' perceptions of secondhand smoke consequences and smoke-free ordinances*. Poster session presented at the 10th Annual Scientific Meeting of the American Academy of Health Behavior, Clearwater, FL.

Williams, R.D., Barnes, J.T., & Pujol, T.J. (2009, July). *Comparison of body composition assessment techniques in non-athletic, non-obese young adult population*. Poster session presented at the National Strength and Conditioning Association's 32nd National Conference and Exhibition, Las Vegas, NV.

Pujol, T.J., Elder, C., Barnes, J.T., Nahikian-Nelms, M., *Kearney, M.L., *Loenneke, J.P., & **Williams, R.D.** (2009, July). *Comparison of resting metabolic rate assessment techniques on collegiate gymnasts*. Poster session presented at the National Strength and Conditioning Association's 32nd National Conference and Exhibition, Las Vegas, NV.

Barnes, J.T., Elder, C., Nahikian-Nelms, M., Pujol, T.J., *Kearney, M.L., *Leonneke, J.P., & **Williams, R.D.** (SA) (2009, May). *Accuracy of bioelectrical impedance analysis instruments for the measurement of body composition in collegiate baseball players*. Poster session presented at the American College of Sports Medicine's 56th Annual Meeting, Seattle, WA.

- Abstract published in *Medicine and Science in Sports and Exercise*, 41(5)(Suppl.), 165.

*Kreher, L., *Burleson, H., *Frueauf, C., & **Williams, R.D.** (2009, March). *Comparison of home country and U. S. campus exercise behaviors among international college students*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Tampa, FL.

Williams, R.D., Perko, M.A., Evans, M.W., & Barnes, J.T. (2009, March). *Perceptions of alcohol attitudes on campus among college athletes*. Oral session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Tampa, FL.

- Abstract published in *Research Quarterly for Exercise and Sport*, 80(1), A34.

*Gohn, A. & **Williams, R.D.** (2009, March). *Analysis of bicycle consumer practices*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Tampa, FL.

Ndetan, H., Evans, M.W., & **Williams, R.D.** (2009, March). *Future chiropractors and health promotion – implication of chiropractic education*. Oral session presented at the Association of Chiropractic Colleges Educational Conference XVI, Las Vegas, NV.

- Abstract published in *Journal of Chiropractic Education*, 23(1), 85.

Leoni, E.L., **Williams, R.D.**, & Barnes, J.T. (2008, July). *Enhancing life skills and building community capacity through a multilevel youth substance use prevention program*. Oral session presented at the 3rd International Conference on Interdisciplinary Social Sciences, Tuscany, Italy.

Barnes, J.T., Pujol, T.J., & **Williams, R.D.** (2008, May). *Accuracy of five bioelectrical impedance analysis instruments for the measurement of body composition in college females*. Poster session presented at the American College of Sports Medicine's 55th Annual Meeting, Indianapolis, IN.

- Abstract published in *Medicine and Science in Sports and Exercise*, 40(5)(Suppl.), S271.

Williams, R.D., Leoni, E.L., Barnes, J.T., & Maginel, C.J. (2008, April). *Using unsolicited funds to address risky drug population in Missouri*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Ft. Worth, TX.

*Kerby, G.W. & **Williams, R.D.** (2008, April). *Effect of four-week speed training protocol on college female athletes*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Ft. Worth, TX.

Barnes, J.T., Pujol, T.J., & **Williams, R.D.** (2007, June). *Blood lipid changes after a 10-week unsupervised worksite physical activity program*. Poster session presented at the American College of Sports Medicine's 54th Annual Meeting, New Orleans, LA.

- Abstract published in *Medicine and Science in Sports and Exercise*, 39(5)(Suppl.), S231.

Williams, R.D. & Belcher, D. (2007, March). *Alcohol-related social and personal problems of undergraduate college students*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Baltimore, MD.

- Abstract published in *Research Quarterly for Exercise and Sport*, 78(1), A37.

Perko, M.A., **Williams, R.D.**, Gordon, B.C., & Tucker, T. (2007, March). *Changes in body size of elite high school football players before and after anabolic steroid legislation*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Baltimore, MD.

- Abstract published in *Research Quarterly for Exercise and Sport*, 78(1), A95.

Williams, R.D. (2006, October). *Body mass index of elite high school football players from 2002-2006*. Poster session presented at the 80th Annual American School Health Association Conference, St. Louis, MO.

Nagy, S. & **Williams, R.D.** (2005, April). *Profiles of perpetrators, victims, and non-victims in a rural adolescent sample*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Chicago, IL.

Williams, R.D. & Nagy, S. (2005, April). *Examining the relationship between adequate exercise and emotional benefits in adolescents*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, Chicago, IL.

Donahue, R., Leaver-Dunn, D., & **Williams, R.D.** (2004, October). *Characteristics of adolescent interscholastic athletes reporting a sports injury*. Oral session presented at the 78th Annual American School Health Association Conference, Pittsburgh, PA.

Williams, R.D., Leaver-Dunn, D., Donahue, R., & Nagy, M.C. (2004, April). *Predictors of physician utilization among adolescent interscholastic athletes in West Alabama*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention, New Orleans, LA.

State, Regional, Local

*Student Author

Bishop, J.M., & **Williams, R.D.** (2025, September). Associations between poor mental health and alcohol use: The role of gender and depression diagnosis in Texas adults. Poster session submitted to the 2025 Texas Society for Public Health Education Conference, San Marcos, TX.

Chalak, A.R., McFadden, N.T., & **Williams, R.D.** (2024, November). Utilizing the social determinants of health as a framework to explore factors associated with intimate partner violence among South Asian immigrant women. Poster session completed at the Exploring Diverse Perspectives in a Changing Society Undergraduate and Graduate Research Conference, Texas State University, San Marcos, TX.

Williams, R.D., Bishop, J.M., Berumen-Flucker, B., & Housman, J.M. (2023, October). Demographic and behavioral predictors of HIV and STI testing among sexually active high school students. Poster session presented at the 2023 Texas Society for Public Health Education Conference, Austin, TX.

*Levy, T.M., **Williams, R.D.**, & Housman, J.M. (2023, October). At-home and away-from-home dietary behaviors of food insecure and food secure parents. Poster session presented at the 2023 Texas Society for Public Health Education Conference, Austin, TX.

Williams, R.D., & *Gutierrez, A. (2021, October). *Covariates of physical dating violence victimization among high school students: Increased risks for sexual minority students*. Oral session presented at the 2021 Texas Society for Public Health Education Conference, Virtual.

*Ortega, S., & **Williams, R.D.** (2019, October). *Type, frequency, intensity, and onset of pre-college sex education related to current sexual health knowledge among college students*. Poster session presented at the 2019 Texas Society for Public Health Education Conference, Houston, TX.

*Khanhkham, A., **Williams, R.D.**, Odum, M., & Housman, J.M. (2019, October). *Associations between dating violence victimization, risky behaviors, and school violence among teens*. Poster session presented at the 2019 Texas Society for Public Health Education Conference, Houston, TX.

*Mack, W., *Vera, S., *Cook, C., *Smith, S., Odum, M., **Williams, R.D.**, & Housman, J.M. (2019, October). *Process and impact evaluation of Eta Sigma Gamma student-led 2018 holiday food drive*. Poster session presented at the 2019 Texas Society for Public Health Education Conference, Houston, TX.

Williams, R.D., Housman, J.M., Evans, J.L., & Hunt, B.P. (2016, April). *Measurement of particulate matter in pubs and bars both pre- and post-implementation of a smoke-free ordinance*. Poster session presented at the 92nd Texas Public Health Association Educational Conference, Galveston, TX.

Evans, J.L., **Williams, R.D.**, McDonald, J., & Housman, J.M. (2016, April). *Barriers to implementing The Last Drag tobacco cessation program for the LGBTQIA community*. Poster session presented at the 92nd Texas Public Health Association Educational Conference, Galveston, TX.

Oliver, B.D, Hunt, B.P., **Williams, R.D.**, Barnes, J.T., Hall, M.A., & *Day, T.F. (2015, February). *Smoke-free ordinance reduces health risks for employees in hospitality venues*. Poster session presented at the Mississippi Academy of Sciences 79th Annual Meeting, Hattiesburg, MS.

Day, T.F., **Williams, R.D.**, & Hunt, B.P. (2013, September). *Increasing rural lung cancer referrals through spirometry and lung health education*. Poster session presented at the Mississippi Public Health Association Conference, Jackson, MS. [Winner of student presentation award].

*Day, T.F., **Williams, R.D.**, & Hunt, B.P. (2013, February). *Relationship of unhealthy food access and county health rankings in Alabama and Mississippi*. Poster session presented at the 14th Annual Rural Health Conference, Tuscaloosa, AL.

*Day, T.F., **Williams, R.D.**, & Hunt, B.P. (2012, November). *Reducing youth substance use through adapted evidence-based prevention programs in schools*. Poster session presented at the Alabama State Association for Health, Physical Education, Recreation, and Dance Fall Conference, Hoover, AL.

Williams, R.D., Hunt, B.P., & Barnes, J.T. (2012, February). *Drug use among rural youth: Social ecology in the Missouri Bootheel and implications for the Mississippi Delta*. Poster session presented at the Alabama-Mississippi Sociological Association Annual Meeting, Starkville, MS.

Williams, R.D., Barnes, J.T., & Hunt, B.P. (2011, April). *Social ecology of drug use among rural youth*. Poster session presented at the 12th Annual Rural Health Conference, Tuscaloosa, AL.

Williams, R.D. & Hunt, B.P. (2011, April). *School-based alcohol and tobacco prevention programs for junior high students*. Poster session presented at the Alabama State Association for Health, Physical Education, Recreation, and Dance Spring Conference, Orange Beach, AL.

Barnes, J.T., **Williams, R.D.,** Howard, M. & *Clark, K. (2010, April). *Raising awareness about the adverse health consequences of environmental tobacco smoke*. Oral session presented at the BACCHUS Network Area 5 Spring Conference: Meeting of the Minds, Kansas City, MO.

Barnes, J.T., **Williams, R.D.,** *Farrar, K., *Friedrich, J., *Glass, D., & *Yasui, A. (2009, February). *Raising awareness about the health hazards of second-hand smoke*. Oral session presented at the Show-Me Smoke Free Youth Summit: Time to Clear the Air, Jefferson City, MO.

Williams, R.D. & Maginel, C.J. (2008, December). *Modifying model programs to meet local needs*. Oral session presented at ACT Missouri Statewide Prevention Conference, Jefferson City, MO.

Ramcharan, M., Hawk, C., Evans, M.W., & **Williams, R.D.** (2008, September). *Developing a small business worksite wellness program*. Poster session presented at the Kansas Public Health Association Annual Conference, Topeka, KS.

Williams, R.D., Maginel, C.J., & Meyer, L. (2008, May). *Building and enhancing partnerships of community coalitions and alcohol merchants*. Oral session presented at the Missouri Department of Mental Health Spring Training Institute, Osage Beach, MO.

Williams, R.D., Perko, M.A., Belcher, D., & Leaver-Dunn, D. (2005, April). *Multiple levels of influence on alcohol use among college athletes*. Oral session presented at the Alabama State Association for Health, Physical Education, Recreation, and Dance Spring Conference, Gulf Shores, AL.

Williams, R.D. & Gsell, J. (2005, February). *Incidences of sports violence and deviance reported by a major sports media program*. Oral session presented at the Alabama-Mississippi Sociological Association Annual Meeting, Tuscaloosa, AL.

Williams, R.D. (2004, March). *Alcohol education interventions for high risk college populations*. Oral session presented at the 7th Annual Graduate Student Research Conference, University of Alabama, Tuscaloosa, AL.

2. Invited Talks, Lectures, and Presentations:

Exploring Food through the Use of Science, Nutrition, and Health
Macon High School and MSU Extension, Starkville, MS

2012, October

Progressing Towards a Smoke-Free Campus 2010, February
College of Health and Human Services Brown Bag Lunch Series, Cape Girardeau, MO

Peers Advocating for Smoke-Free Solutions: A Student Effort 2009, September
Teens Against Tobacco Use Training, St. Francis Medical Center, Cape Girardeau, MO

Using Photo-Voice to Create Secondhand Smoke Educational Materials 2009, September
Teens Against Tobacco Use Training, St. Francis Medical Center, Cape Girardeau, MO

Program Evaluation for Community Substance Abuse Prevention 2008, June
Substance Abuse Prevention Training Seminar, Cape Girardeau, MO

3. Consultancies:

Steering Committee, Chiropractic in Health Promotion Project 2020 – Present
Clinical Compass: Council on Chiropractic Guidelines and Practices Parameters

Evaluation Consultant 2009 – Present
Perry County Community Task Force CHAMPS Mentoring Program for At-Risk Youth

Delphi Panel Member 2011
Best Practices on Role of Health Promotion, Disease Prevention, and Wellness in Chiropractic

Project Evaluator 2007 – 2011
Community Caring Council, Strategic Prevention Framework Evidence-Based Drug Prevention Programs, Southeast Missouri Substance Abuse Prevention

Project Evaluator 2009 – 2010
Southeast Missouri Lung Cancer Outreach Program, St. Francis Medical Center

Evaluation Consultant 2008
Colorado Fetal Alcohol Spectrum & Prenatal Substance Abuse Prevention Outreach Project

Evaluation Consultant 2008
Kids' Beat Youth Development Program, Center for Substance Abuse Prevention

Project Evaluator 2007 – 2008
Choose to Live Free Missouri Youth Substance Abuse Prevention Program

Evaluation Consultant 2006 – 2007
Mission Missouri: Crossing Addiction Freedom Drug Treatment Program

4. Workshops:

Workshops Led

Activity, Athletic Performance, and Health Promotion 2009 – 2010
Wellness and Health Promotion Certification Program, Kansas City, MO; Los Angeles, CA

Creating Online Surveys using Flashlight Tool July 2009
Center for Scholarship in Teaching and Learning Summer Institute, Cape Girardeau, MO

Research Trainings and Workshops Completed

Mental Health Crisis Among our Youth: Effects of Vaping Spring 2022
Texas School Safety Center

Improv Skills for Public Health and Beyond Fall 2021
Texas Department of State Health Services

Faculty Research and Funding Update: CHERR Fall 2021
Texas State University

COVID-19 and Global Health: Programming in a Pandemic Spring 2021
Drexel University Dornsife School of Public Health Webinar Series

Population Health Spotlight Series Spring 2021
Drexel University Dornsife School of Public Health Webinar Series

Stuck in the Middle: Child Well-Being/Safety during Domestic Violence Fall 2020
Speranza Human Compassion Project (webinar)

YRBS Survey Administration Training Spring 2020
Youth Risk Behavior Surveillance

Public Health and the 2020 Census Spring 2020
Texas Society for Public Health Education (webinar)

IRB and Kualii Training Fall 2018
Sean Rubino, Texas State University

Essentials of Foundation Grant Writing Spring 2017
University of Michigan School of Public Health

Epidemiology for Non-Epidemiologists Spring 2017
University of Michigan School of Public Health (webinar)

Scholar – Mentor Cycle 2014-2015
Texas State University College of Education

Community-Based Participatory Research: A Partnership Approach for Public Health,
University of Michigan School of Public Health Spring 2013

Seminar Series for New Investigators in Social and Behavioral Sciences Fall 2011
Mississippi State University (6 sessions)

2009 Summer Training Institute: Evaluation and Tobacco Control
Center for Tobacco Policy Research Summer 2009

Live Basic Ethics Training
Southeast Regional Support Center Summer 2009

Service to Science
University of Oklahoma Summer 2008

5. Other Works not in Print:

a. Works “submitted” or “under review”

*Student Author

Manuscripts in Review

Bishop, J.M., Housman, J.M. & **Williams, R.D.** (In Review). A longitudinal analysis of HIV testing among high school youth: Results from the Youth Risk Behavioral Survey. Submitted to the *Journal of Racial and Ethnic Health Disparities*.

b. Works “in progress”

Williams, R.D., Bishop, J.M., & Housman, J.M. – Continued YRBS data exploration.

c. Other works not in print.

Williams, R.D., Odum, M., Housman, J.M., & Vaughan, P. (2019). *FLASHE study: Analysis of parent-child dyads to explore food-related cancer risk and protective factors*. 2019 Texas State University Health Scholar Showcase, San Marcos, TX.

Housman, J.M., Wiley, D.C., & **Williams, R.D.** (2017). *Identifying health risk behaviors to develop evidence-based interventions and inform public health policy and practice*. 2017 Texas State University Health Scholar Showcase, San Marcos, TX.

C. Grants and Contracts

1. Funded External Grants and Contracts:

Tobacco Quit Line Evaluation and Outreach Assistance: Fresh Start Cessation Project. (2017). Funding approved from the Texas Department of State Health Services through Texas A&M University’s Center for Community Health Development for \$5,851. Role: Co-I.

Tobacco Quit Line Evaluation and Outreach Assistance: The Last Drag Tobacco Cessation Program for LGBT and HIV+ Populations Community Phase II. (2015-2016). Funded by the Texas Department of State Health Services through Texas A&M University’s Center for Community Health Development for \$5,000. Role: Co-I.

Tobacco Quit Line Evaluation and Outreach Assistance: The Last Drag Tobacco Cessation Program for LGBT and HIV+ Populations Campus Phase I. (2015). Funded by the Texas

Department of State Health Services through Texas A&M University's Center for Community Health Development for \$5,000. Role: Co-I.

Healthiest Hometown Project: Assessment of Health Programs, Initiatives, and Policies. (2012). Funded by the Blue Cross Blue Shield Foundation of Mississippi and the City of Starkville for \$24,000. Role: PI.

Development and Delivery of Food Safety and Quality Programs for the Specialty Crop Industry and Decreasing Risk of Farmers and Handlers of Specialty Crops. (2012). Funded by the Mississippi Department of Agriculture & Commerce for \$17,000. Role: Co-I. PI: Silva, J.L.

Cape County Drug Free Initiative: Southeast Missouri Youth Substance Abuse Prevention Coalition. (2010). Funded by the Substance Abuse and Mental Health Services Administration for \$625,000. Role: Co-I/Evaluator. PI: Maginel, C.J. [Initial award of \$125,000 renewed through continuation grant for five years for a total of \$625,000]

Ride the City Project: Enhancing Active Living by Increasing Bikability in Cape Girardeau, MO. (2010). Funded by the Missouri Foundation for Health for \$253,702. Role: Co-I. PI: Brooks, H.

Southeast Missouri Tobacco Prevention and Cessation Initiative. (2009). Funded by the Missouri Foundation for Health for \$205,604. Role: Co-PI. Co-PI: Barnes, J.L.

Rural Health Care Services Outreach Grant Program: Lung Cancer Education and Outreach. (2009). Funded by the U.S. Health Resources and Services Administration for \$364,815. Role: Evaluator.

Building Evaluation Capacity for Evidence-Based Interventions: CHAMPS Mentoring Program for At-Risk Youth. (2009). Funded by CRP, Inc. and the Center for the Application of Prevention Technologies for \$29,003.45. Role: Co-I/Evaluator. PI: Klobe, J.

Chiropractic and nutrition: Are we contributing to improvement of health outcomes related to diet? (2009). Approved by the Foundation for Chiropractic Education and Research for \$50,000. (Funding dispersal suspended due to foundation closure.) Role: Co-I. PI: Evans, M.W.

Campus-Community Alliances for Smoke-Free Environments – Phase II Tobacco Prevention and Cessation Initiative. (2008). Funded by the Missouri Foundation for Health through the University of Missouri-Columbia for \$10,000. Role: Co-PI. Co-PI: Barnes, J.L.

Mobilizing Tomorrow's Leaders for a Smoke-Free Missouri: Campus Community Alliances for Smoke-Free Environments. (2007). Funded by the Missouri Foundation for Health through the University of Missouri-Columbia for \$38,000. Role: Co-PI. Co-PI: Barnes, J.L. & Maginel, C.J.

Prevention of High-Risk Behaviors among Adolescents in Mississippi and Scott Counties. (2007). Funded by the 33rd Judicial District of Missouri Drug Court Programs for \$121,395. Role: PI.

Needs Assessment and Analysis of High-Risk Behaviors among Adolescents in Mississippi and Scott Counties. (2007). Funded by the 33rd Judicial District of Missouri Drug Court Programs for \$15,000. Role: PI.

Strategic Prevention Framework State Incentive Grant: Southeast Missouri Youth Substance Abuse Prevention Coalition. (2006). Funded by the Missouri Department of Mental Health for \$520,512. Role: Co-I/Evaluator. PI: Davisson, T.

2. Submitted, but not Funded, External Grants and Contracts:

Public Health Informatics Training Initiative. (Submitted August 2021). Submitted to the U.S. Office of the National Coordinator for Health Information Technology \$9,494.697. Role: Co-I.

Who Influences Whom? Adolescent-Parent Dyads from the National Cancer Institute's FLASHE Study. (Submitted October 2018). Submitted to the Robert Wood Johnson Foundation for \$199,245. Role: PI.

SoberCats: Smartphone Application Providing College Students with Strategies for Preventing Binge Drinking. (Submitted March 2016). Submitted to the National Institutes of Health (National Institute for Alcohol Abuse and Alcoholism) for \$275,000. Role: Co-PI. PI: Smith, K.S.

School Wellness Policy Cooperative Agreement CFDS#: 10.597. (Submitted October 2014). Submitted to the U.S. Department of Agriculture for \$1,700,000. Role: Co-I. PI: Wiley, D.C.

2014 San Marcos Smoke-Free Ordinance Impact Study. (2014). Submitted to the City of San Marcos for \$77,326.97. Role: PI [Not Funded]

Fall 2014 Conference on Food Security, Obesity, and Health Behaviors. (2013). Submitted to the Southeastern Conference Academic Consortium for \$200,000. [Not Funded]

Mississippi Kids Healthy Foods Initiative to Grow Academic-Community Partnerships. (2012). Submitted to the National Institutes of Health and Eunice Kennedy Shriver National Institute of Child Health and Human Development for \$90,000. Role: Co-PI; Multi-PI project. [Not Funded]

Agriculture and Food Research Initiative: Assessing and Mobilizing Teens' Perspective on Obesity Prevention. (2012). Submitted to the National Institutes of Health and National Institute of Food and Agriculture for \$3,447,934. Role: Co-PI. PI: Tidwell, D.K. [Not Funded]

Reducing the Disconnect between Health Policy and Behavior. (2012). Submitted to the Robert Wood Johnson Foundation for \$152,573. Role: Co-PI. PI: Cossman, R.E. [Not Funded]

Jackson Heart Study Working Group: Behavioral and Social Factors Affecting Obesity and Diabetes. (2012). Submitted to the National Institutes of Health and the National Heart, Lung, and Blood Institute for \$922,621. Role: Co-PI. PI: Tidwell, D.K. [Not Funded]

Drug Free Communities Grant: Southeast Missouri Youth Substance Abuse Prevention Coalition. (2009). Submitted to the U.S. Substance Abuse and Mental Health Services Administration for \$625,000. Role: Co-I/Evaluator. PI: Maginel, C.J. [Not Funded]

3. Funded Internal Grants and Contracts:

Psychosocial and Physical Well-Being of Early Adolescent Soccer Players: A Prospective Study. (2016-2017). Funded by the Texas State University Research Enhancement Program for \$14,867. Role: Co-I. PI: Kipp, L.

Creation of Virtual Reality Environment to Explore Alcohol Cue Exposure and Extinction. (2014-2015). Funded by the Texas State University Research Enhancement Program for \$8,160. Role: Co-I. PI: Housman, J.M.

Year 2 – Health Impact Assessment of Local Community Health Initiatives. (2012). Funded by the Mississippi State University Office of Research and Economic Development for \$2,000. Role: PI.

Rural Mississippi Healthy Food Initiative to Grow Academic-Community Partnerships. (2012). Funded by the Mississippi State University Office of Research and Economic Development for \$2,000. Role: Co-I. PI: Schewe, R.

Year 2 – eHealth Research Group: Risk Behavior Prevention among Rural & Minority Youth. (2012). Funded by the Mississippi State University Office of Research and Economic Development for \$2,000. Role: Co-I. PI: Ragsdale, K.

Health Impact Assessment of Local Community Health Initiatives. (2011). Funded by the Mississippi State University Office of Research and Economic Development for \$2,000. Role: PI.

eHealth Research Group: Risk Behavior Prevention among Rural & Minority Youth. (2011). Funded by the Mississippi State University Office of Research and Economic Development for \$2,000. Role: Co-I. PI: Ragsdale, K.

4. Submitted, but not Funded, Internal Grants and Contracts:

Using a Virtual Reality Environment to Determine Alcohol Cue Exposure and Extinction among a High-Risk Alcohol Abuse Population. (2016). Submitted to the Texas State University MIRG for \$25,000. Role: Co-PI. [Invited for full proposal, but not funded].

Development and Assessment of VirtualBAR: a Virtual Reality Environment for Sustainable Coping with Alcohol Addiction. (2015). Submitted to the Texas State University MIRG for \$25,000. Role: Co-PI. [Invited for full proposal, but not funded].

Impact of Smoke-Free Ordinance Adoption on Indoor Air Quality in Restaurants and Bars. (2013). Submitted to the Texas State University Research Enhancement Program for \$16,000. Role: PI. [Not Funded]

Cook Smart/Eat Smart: Assessment of Parental Food Preparation Behavior. (2012). Submitted to the Mississippi State University Division of Agriculture, Forestry, and Veterinary Medicine for \$3,000. Role: Co-PI. PI: Briley, C.A. [Not Funded]

Social, Sexual, & Drinking Networks (SSDN) Research Group. (2011). Submitted to the Mississippi State University Office of Research and Economic Development for \$2,000. Role: Co-I. PI: Ragsdale, K.

D. Fellowships, Awards, Honors:

2019 Presidential Distinction Award for Scholarly and Creative Activities, Texas State University, College of Education

2018 College Achievement Award for Research and Scholarship, Texas State University, College of Education

2017 Jack Davis Professional Achievement Award, University of Alabama College of Human Environmental Sciences

2017 College Achievement Award for Research and Scholarship, Texas State University, College of Education

2016 College Achievement Award for Research and Scholarship, Texas State University, College of Education

2015 Presidential Excellence Award for Research and Scholarship, Texas State University, College of Education

2008-2009 Departmental Researcher of the Year, Southeast Missouri State University, Department of Health, Human Performance, & Recreation

2007-2008 College Researcher of the Year, Southeast Missouri State University, College of Health and Human Services

2007-2008 Departmental Researcher of the Year, Southeast Missouri State University, Department of Health, Human Performance, & Recreation

5. Other University Collaborations for Scholarly Activity:

IV. SERVICE

A. Institutional

1. University:

Texas State University

Budget Model Redesign Task Force	2024 – 2025
TXST Global Recruitment Plan Committee	2024 - 2025
Department of English Chair Search Committee (Chair)	2024 – 2025
Online and Extended Programs (OXF) Steering Committee	2024 – 2025
Council of Chairs & Directors	2022 – 2025
Commencement Marshal	2022 – 2025
TXST Global Winter- and May-Mester Working Group	2024
Office of Admissions Graduate Applications Due Date Committee	2024
Dean Summative Evaluation Committee (College of Education)	2024
Faculty Grievance Hearing Officer	2024
College of Health Professions Dean Search Committee	2022 – 2023
Provost & Executive Vice President Search Committee	2023
Panelist, New Chair/Director Leadership Orientation	2023
University Distinguished Professor Review Committee	2021
Graduate and Professional School Fair	2018 – 2021
Research Enhancement Program Review Committee	2014 – 2015

Mississippi State University

Distance Learning Advisory Council	2011 – 2013
Tobacco-Free Campus Task Force	2011 – 2013
<u><i>Southeast Missouri State University</i></u>	
University Commencement Committee	2008 – 2010
University Wellness Screenings	2007 – 2009
University Health Fair	2008
Student Life and Academic Fair	2008
2. College:	
<u><i>Texas State University College of Education</i></u>	
College Leadership Council	2022 – 2025
College Review Group	2022 – 2025
Teacher Education Council	2022 – 2025
TXST Global Administrative Assistant II Search Committee	2024
Associate Dean for Student Success Search Committee	2023
Associate Dean for Research Search Committee (Chair)	2023
COE Research Coordinator (Pre-Grant) Search Committee	2022 – 2023
Tenure and Promotion Review Group (Outside College Rep)	2018 – 2021
COE Research Coordinator (Pre-Grant) Search Committee	2019
College of Education Dean Search Committee	2017 – 2018
Tenure & Promotion Review Committee Alternate	2016 – 2017
COE Research Coordinator (Post-Grant) Search Committee	2015
Freshman Scholarship Review Committee	2014
<u><i>Mississippi State University College of Agriculture and Life Sciences</i></u>	
Excellence in Teaching Committee	2013
<u><i>Southeast Missouri State University College of Health and Human Services</i></u>	
Human Subjects Committee	2006 – 2010
Nursing Faculty Search Committee (External Member)	2009 – 2010
President's Day Open House Academic Fair	2009
3. Department/School:	
<u><i>Texas State University Department of Health and Human Performance</i></u>	
Faculty Co-Sponsor, Eta Sigma Gamma, Delta Chi Chapter	2013 – Present
Program Coordinator Committee	2018 – 2025
Personnel Committee	2015 – 2025
HHP Department Chair Search Committee, Member	2021 – 2022
PH Faculty Search Committee, Member	2021 – 2022
Scholarship Committee, Chair	2017-2018, 2021 – 2022
Mentor Committee, Member (Dr. Missy Fraser)	2018 – 2022
Travel Committee	2017 – 2022
Mentor Committee, Chair (Dr. Mary Odum)	2016 – 2022
Faculty Evaluation Committee	2016 – 2022
PH Faculty Search Committee, Chair	2020
Clinical Faculty PPS, Ad Hoc Committee, Chair	2020
Fulbright Visiting Lecturer, Lead Organizer for HHP	2020
Remote Teaching Consultant Team	2020
Scholarship Committee, Chair	2017 – 2018

ESS Faculty Search Committee, Chair	2017 – 2018
HED Faculty Search Committee	2016
HHP Scholarship Committee	2014 – 2015
Sport Education/Motor Development Faculty Search Committee	2014 – 2015
Ad Hoc Member, Promotion Guidelines for NTT Faculty	2015

Mississippi State University Department of Food Science, Nutrition, & Health Promotion

Curriculum Committee	2012 – 2013
Student Recruitment Committee	2012 – 2013
Strategic Plan Committee (Health Promotion Ombudsman)	2012 – 2013
Health Education Extension Faculty Search Committee	2011 – 2012

Southeast Missouri State University Department of Health, Human Performance, & Recreation

Co-Sponsor, Health and Wellness Student Association	2006 – 2010
Co-Sponsor, PASS Student Group	2009 – 2010
Course Update Committee (Chair)	2008 – 2009
Physical Education Faculty Search Committee	2007 – 2008
Show-Me Days	2006 – 2010

B. Professional:

Professional Organization Memberships

Texas Society for Public Health Education	2019 – Present
Society for Public Health Education	2012 – Present
CoP: Children, Adolescent, & School Health	
CoP: University Faculty	
CoP: Health Disparities/Equities	
(CoP = Community of Practice)	
Eta Sigma Gamma, National Professional Health Education Honorary	2004 – Present
Delta Chi Chapter, Texas State University (2013 – Present)	
Member At-Large (2006 – 2013)	
Delta Xi Chapter, University of Alabama (2004 – 2006)	
American School Health Association	2004 – 2015
Alcohol, Tobacco, and Other Drugs Council	
Health Behaviors Council	
Association for the Treatment of Tobacco Use and Dependence	2015 – 2016
American Alliance for Health, Physical Education, Recreation, and Dance	2002 – 2013
American Association for Health Education (merged with SOPHE)	
National Association of Sport and Physical Education	
Research Consortium	
National Strength and Conditioning Association	2001 – 2010
SIG: Weight Lifting	
SIG: Tactical Strength and Conditioning	

Missouri Association for Health, Physical Education, Recreation, and Dance	2007 – 2010
Alabama Association for Health, Physical Education, Recreation, and Dance	2005 – 2006

Professional Service – Editorial

Manuscript Reviewer, <i>Journal of Public Health in the Deep South</i>	2021 – Present
Manuscript Reviewer, <i>Health Equity</i>	2020 – Present
Manuscript Reviewer, <i>Journal of American College Health</i>	2020 – Present
Manuscript Reviewer, <i>Journal of Child and Adolescent Substance Abuse</i>	2020 – Present
Manuscript Reviewer, <i>Substance Use and Misuse</i>	2019 – Present
Editorial Associate, <i>The Health Educator</i>	2011 – 2013, 2018 – Present
Manuscript Review Board, <i>Drug and Alcohol Dependence</i>	2017 – Present
Editorial Board, <i>American Journal of Health Studies</i>	2014 – Present
Manuscript Review Board, <i>Health Behavior and Policy Review</i>	2013 – Present
Manuscript Review Board, <i>Journal of Alcohol and Drug Education</i>	2013 – Present
Editorial Consultant, <i>Journal of Drug Education</i>	2011 – Present
Manuscript Review Board, <i>American Journal of Health Behavior</i>	2009 – 2021
Manuscript Reviewer, <i>American Journal of Drug and Alcohol Abuse</i>	2019
Manuscript Reviewer, <i>Journal of Mental Health</i>	2016 – 2017
Editorial Board, <i>Topics in Integrative Health Care</i>	2010 – 2017
External Promotion and Tenure Reviewer, University of Oklahoma	2017
Manuscript Reviewer, <i>American Journal on Addictions</i>	2014 – 2016
Manuscript Reviewer, <i>Journal of Human Science and Extension</i>	2014
Manuscript Reviewer, <i>Muscle and Nerve</i>	2014
Manuscript Reviewer, <i>Evaluation and Program Planning</i>	2014
Manuscript Reviewer, <i>Nutrition Research</i>	2014
Editorial Board & Reviewer, <i>Journal of Athletic Enhancement</i>	2012 – 2013
Manuscript Review Board, <i>Journal of Sport Sciences</i>	2011 – 2013
Manuscript Reviewer, <i>BMJ Open</i>	2013
Manuscript Reviewer, <i>Clinical Physiology and Functional Imaging</i>	2013
Manuscript Reviewer, <i>Drugs: Education, Prevention, & Policy</i>	2013
Manuscript Reviewer, <i>European Journal of Clinical Nutrition</i>	2013
Manuscript Reviewer, <i>Research in Sports Medicine</i>	2012
Abstract Reviewer, National Conference on Tobacco and Health	2011 – 2012
Abstract Reviewer, AAHPERD National Convention	2007 – 2010
Manuscript Reviewer, <i>Health Education Monograph Series</i>	2008
Associate Editor, <i>International Journal of Interdisciplinary Social Sciences</i>	2008
American School Health Association ATOD Resolution Update	2007 – 2008
Manuscript Reviewer, <i>Chiropractic & Osteopathy</i>	2006 – 2008
Vice President, Eta Sigma Gamma Delta Xi Chapter (University of Alabama)	2004 – 2005

Professional Service – Grants

Grant Reviewer, National Science Foundation	2019, 2021
Grant Reviewer, NCAA CHOICES Alcohol Education	2008 – 2013

Professional Development

Scholarship Committee Review Training for BOSS	February 2022
Diversity and Inclusion Training for Faculty Searches	November 2021

C. Community:

Community Coalition Memberships

Community Action Group: Promoting Existing Programs 2012 – 2013

Healthy Starkville Coalition 2011 – 2013

Grants & Funding Subcommittee

Starkville Summit Community Development Subcommittee

Southeast Missouri Youth Substance Abuse Prevention Coalition 2006 – 2011

Cape Girardeau Breathe Easy Coalition 2008 – 2010

Southeast Missouri Drug Free Communities Coalition 2008 – 2010

Campus and Community Alliance for Smoke-Free Environments 2008 – 2010

Campus and Community Coalition for Change on Alcohol Abuse 2006 – 2010

Community Service Participation (Selected Examples)

San Marcos CISD Youth Risk Behavior Surveillance Project 2019 – Present

Hays CISD Youth Risk Behavior Surveillance Project 2018 – 2022

What Goes Here, Flows Here River Safety Campaign Spring 2019

Texas State Environmental Health and Safety

ESG San Marcos Housing Authority Food Drive Fall 2018

Eta Sigma Gamma, Delta Chi Chapter

Kiwanis Club Guest Speaker March 2015

Bobcat Build 2014 – 2015

Texas State University

Armstrong Middle School *Fight the Fat* Program 2012

Starkville School District, Starkville, MS

Southeast Missouri Substance Abuse Prevention Advisory Council 2006 – 2010

Southeast Regional Support Center, Cape Girardeau, MO

Board Member & Curriculum Facilitator, Project Charlie Drug Program 2007 – 2010

Franklin Elementary School, Cape Girardeau, MO

International Walk to School Program 2007 – 2010

Alma Schrader Elementary School, Cape Girardeau, MO

SHOW Mobile – Southeast Health on Wheels Mobile Health Unit 2007 – 2009

Southeast Missouri Hospital

American Heart Association “Go Red for Women” Luncheon 2007 – 2009

St. Francis Medical Center, Cape Girardeau, MO

Monsanto Health Fair 2007 – 2008
Monsanto – MediFit

Volunteer, Point to Point Run and Relay 2006
Southeast Missouri Hospital. Wellness Services

Community Service through Media
Expert Interview on substance abuse disorders during pandemic 2020
TXST News (Issue No. 19)

Expert Interview on athletes and risk of dietary supplement use 2012
MSU Agriculture Communications

Expert Interview on community health educational efforts 2011
MSU Agriculture Communications

Expert Interview on tobacco tax increases 2009
Southeast Missourian Newspaper

Guest Host, *BODYLOVE* health-based radio serial drama 2005
University of Alabama at Birmingham, School of Public Health

D. Service Honors and Awards:

2021 College Achievement Award for Service, Texas State University, College of Education

2019 National Chapter Sponsor of the Year Award Eta Sigma Gamma National Honorary

2019 College Achievement Award for Service, Texas State University, College of Education

2009 Success in Scholarship, Sports, and Service Southeast Missouri State University,
College of University Studies & Athletic Department

E. Service Grants and Contracts

1. Funded External Service Grants and Contracts:

2013 Healthy Hometown – Large Town Award. (2013). Funded by the Blue Cross Blue Shield Foundation of Mississippi for \$25,000. Role: Healthy Starkville Committee Member and member of Funding Sub-Committee.